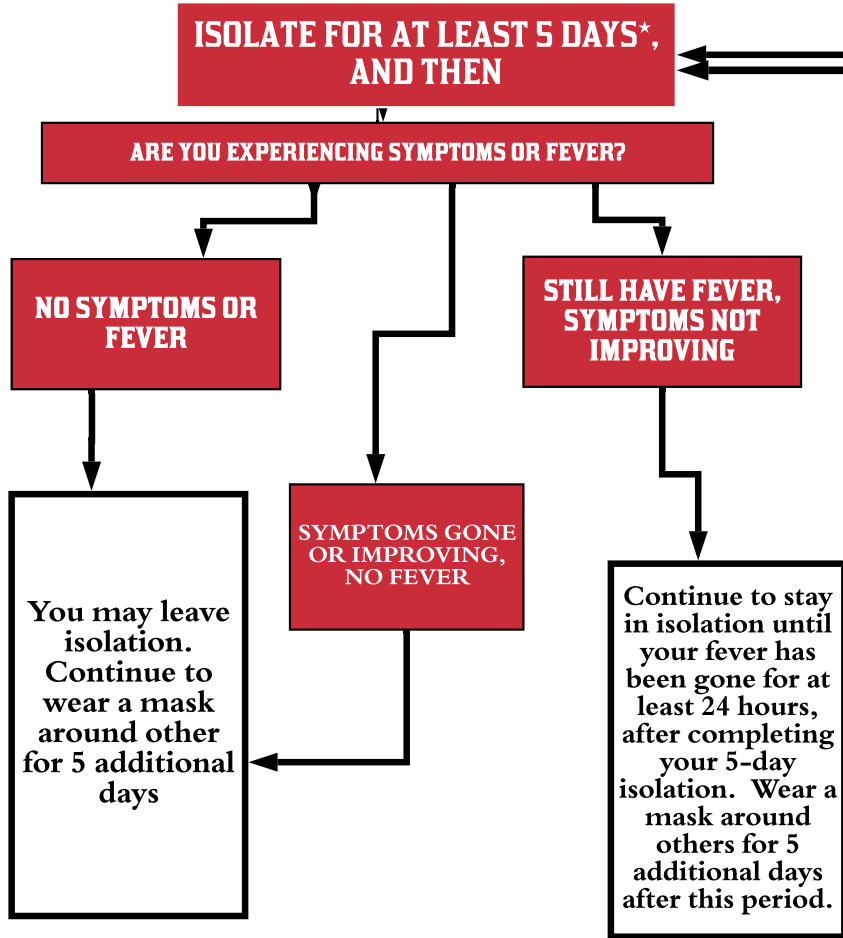


# LAMONI ISOLATION & QUARANTINE GUIDANCE

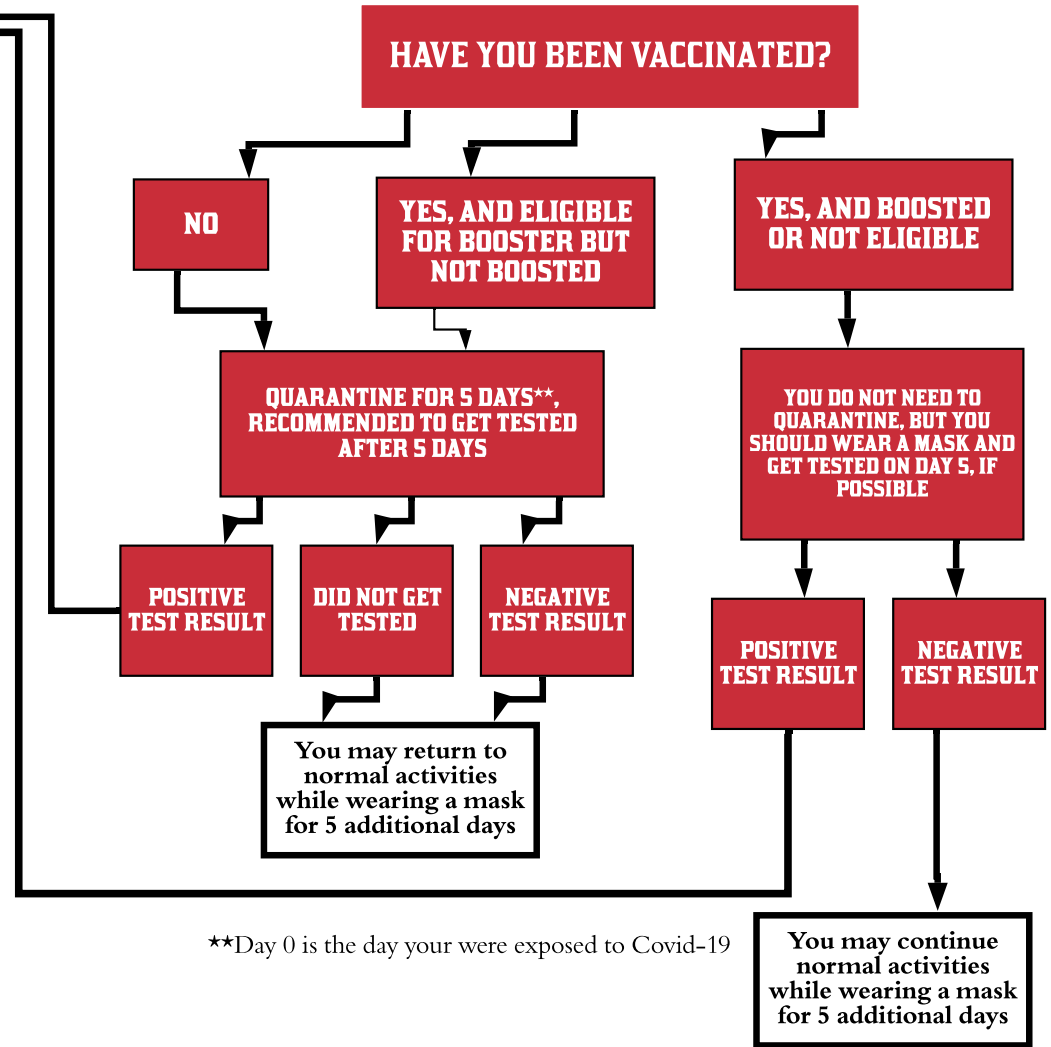
## IF YOU TESTED POSITIVE FOR COVID-19



\*Day 0 is the day you started feeling symptoms or the day you tested positive, whichever happened first.

## IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19

(IMMEDIATE HOUSEHOLD OR ONGOING/REGULAR CONTACT)



\*\*Day 0 is the day you were exposed to Covid-19