Lamoni Elementary Newsletter Summer 2021

May 27	Last Day of School-Early Out @ 1pm
June 1-30	SFSP Summer Food Program
Aug 10	School Registration
Aug 25	21-22 School Year Begins!

Breakfast and Lunch Menu for June 1-June 4

Monday, May 31	Tuesday, June 1	Wed, June 2	Thurs, June 3	Friday, June 4
	Muffin	IuffinWafflesEgg Patty/Biscuit		Long John
Monday, May 31	Tuesday, June 1	Wed, June 2	Thurs, June 3	Friday, June 4
_/, , _/	, , ,	way, suite i wea, suite 2		,,
	Orange Chicken Crispito		Sloppy Joe	Pizza
	U	1	117	

Breakfast and Lunch Menu for June 7-June 11

Monday, June 7	Tuesday, June 8	Wed, June 9	Thurs, June 10	Friday, June 11
French Toast	Mini Bagel	Breakfast	Apple Churro	Chocolate
Sticks	_	Sandwich		Crescent
Monday, June 7	Tuesday, June 8	Wed, June 9	Thurs, June 10	Friday, June 11
Chicken Sandwich	Soft Taco	Cheese Stuffed Breadstick	Cold Sandwich	Pork Fritter

*Milk, juice, yogurt, and fruit is served with breakfast every day. *Milk, fruit, and vegetables are served with lunch.



Free Pool Passes!



The Lamoni Pool has been awarded a DEKKO grant to provide free family pool passes and swim lessons to qualifying families for the summer of 2021. Any family interested in applying must complete the attached application (or go pick one up at the Lamoni City Hall) and return it to Lamoni City Hall with all required documentation before your family will be considered. All eligible applications for passes and lessons are awarded on a first come-first serve basis, so apply soon, funds are limited!

Summer Food Service Program

Lamoni Community Schools will once again be participating in the Summer Food Service Program. This program offers free breakfast and lunch to any child (18 and younger) from June 1st to June 30th. Breakfast will be served from 8-9am and lunch will be from 11:30am-12:30pm Monday thru Friday in the high school commons.

Decatur Co. Conservation & Iowa State Extension and Outreach Programs

Decatur County Conservation and the Iowa State Extension and Outreach have planned some awesome June Day Camps for ages 3-12 years old. Please see the attached flyers for more information and how to sign up!

My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.





The following information is needed and required for families to receive a voucher for a free 2021 summer family pool pass and/or swim lessons. You will be notified by mail of your family's eligibility. All applications will be reviewed on a first come, first serve basis. Incomplete applications or applications without income verification will NOT be considered until all necessary forms have been received. Also, if your family or certain individuals in your family received a free pass last year but did not attend the required 10 times, you *may* be disqualified from receiving a pass for the current year.

Please fill in ALL of the following information. You must have children from ages 0-18 living in your household to apply.

Passholder Name:

Address:

City, State & Zip:

Phone:

Children in Household (0-18 years): Please give name and age

ennaren in Treusenera (o To Jears). Treuse give name una age				
Name	Age			

Parents Living in Household:

Name



Using the TOTAL INCOME figure (not the adjusted gross income) from your 2020 Federal Income Tax Return, check the correct circle.

0	under \$19,320	0	\$39,751-46,560
0	\$19,321-26,130	0	\$46,561-53,370
0	\$26,131-32,940	0	\$3,371-60,180
\circ	\$32.941-39,750	0	\$60,181-66,990

All income must be verified by including the first page of your 2020 Federal Income Tax Return. Please feel free to black out all information except the name and taxable income amount. All tax returns will be shredded after the application has been verified and processed.

Please check if your family receives any of these benefits:

Free School Lunches	Food Stamps
Low Income Housing	Public Welfare

	SIGNATURE: DATE:
--	------------------

**If you receive a free pass and swim lessons for the 2021 summer and do not attend the pool at least 10 times, you may not be eligible for a free pass in the future summers. Funding is limited and we want as many families as possible to be able to enjoy the pool!

PLEASE RETURN THIS FORM TO THE LAMONI CITY HALL

DECATUR COUNTY CONSERVATION

JUNE NATURE TOTS

FREE PROGRAM AGES 3-6 PARENT OR GUARDIAN MUST BE PRESENT

Join us at 10:00am at the Little River Archery Range Shelter for the following programs: Monday, June 14th Insects Galore Monday, June 21st Dino Discovery Monday, June 28th Who Walked Here?

Programs include crafts, stories, snacks, & more!

For more information about Nature Tots or to register, please visit the Decatur County Conservation Board Facebook page. Questions? Email Kayla at stalder.decccb@grm.net.

DECATUR COUNTY CONSERVATION

JUNE DAY CAMPS 2021

Join us one day, a few days, or all five days!!!

JUNE 7TH-11TH AGES 7-12 MIN. 6 CAMPERS MAX. 12 CAMPERS

Monday, June 7th Common Critters @ Slip Bluff Park Tuesday, June 8th Getting Buggy @ Slip Bluff Park Wednesday, June 9th Wild at Art @ Little River Coffelt Shelter Thursday, June 10th Survive the Wild @ Slip Bluff Park Friday, June 11th Use Your Paddle @ Little River Coffelt Shelter

These camps will be offered in partnership with Decatur County ISU Extension.

For more information about day camps or to register, please visit https://www.mycountyparks.com/County/Decatur/Events.aspx. Questions? Email Kayla at stalder.decccb@grm.net.



Open to all youth grades K-6 (4-H and non-4-H members). Each Camp Open to Minimum 5 Youth, Maximum 15 Youth.

SUMMER DAY CAMPS

ART ADVENTURES

June 2, 8:30 am-3:30 pm Cost: \$10

Create art using a variety of techniques & mediums at this one-day learning experience.

FIZZ, BUBBLE, GOO

Grades K-6, Youth asked to provide a sack lunch

Grades K-6, Youth asked to provide a sack lunch

June 3, 8:30 am-3:30 pm Cost: \$10

Explore oney, goney science in this hands-on one-day learning experience.

JOIN US WITH DECATUR COUNTY CONSERVATION FOR DAY CAMPS JUNE 7 - 11, 2021

Common Critters Getting Buggy Wild at Art Survive the Wild Use Your Paddle

Monday, June 7 Tuesday, June 8 Wednesday, June 9 Thursday, June 10 Friday, June 11

Slip Bluff Park Slip Bluff Park Little River Coffelt Shelter Slip Bluff Park Little River Coffelt Shelter

9:00 am-4:00 pm \$5 9:00 am-4:00 pm \$5 9:00 am-4:00 pm \$5 9:00 am-4:00 pm \$5 9:00 am-2:00 pm \$5

AGES 7-12. TO REGISTER FOR THESE DCCB ACTIVITIES, CONTACT KAYLA AT STALDER DECCCB/0/GIMINET OB 640-446-7307

ART EXPLORERS

June 15, 8:30am-3:30 pm Grades K-6, Youth asked to provide a sack lunch Cost: \$10 Explore a variety of art techniques & mediums at this one-day learning experience.

NASA ASTROCAMP®

June 16, 8:30 am-3:30 pm Grades K-6, Youth asked to provide a sack lunch Cost: \$5 Learn about space adventures with this fun-filled day of lessons from NASA.

SPROUTING UP SCIENCE

June 17, 8:30 am-3:30 pm Cost: \$5

Grades K-6, Youth asked to provide a sack lunch Seeds, pollinators, and plants... oh my! Come learn about gardening.

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.lastate.edu/diversity/ext.

OWA STATE UNIVERSITY Extension and Outreach

FUN WITH BOTS	June 22, 8:30 am-3:30 pm
Grades K-6, Youth asked to provide a sack lunch	Cost: \$5
Learn how robots can help us complete tasks and learn	to solve problems with robots.
KIDS IN THE KITCHEN	June 23, 8:30am-3:30 pm
Grades K-6, Lunch Provided	Cost: \$10
Learn to prepare healthy snacks and improve your kitch	nen skills at this one-day event.
MISSION: RETURN TO MARS	June 24, 8:30am-3:30 pm
Grades K-6, Youth asked to provide a sack lunch	Cost: \$5
Learn about space travel & its challenges during th	is one-day learning event.
SWITCH & SHOUT	June 29, 8:30 am-3:30 pm
Grades K-6, Youth asked to provide a sack lunch	Cost: \$5
SWITCH what you do, view, and chew for	a healthier YOU!
STEAM'ING THROUGH SUMMER	June 30, 8:30 am-3:30 pm
Grades K-6, Youth asked to provide a sack lunch	Cost: \$10
Enjoy a fun-filled day of science, technology, engine	eering, and math activities!
WILD & WONDERFUL WATER	July 1, 9:00 am-3:00 pm
Grades K-6, Youth asked to provide a sack lunch	Cost: \$10
Enjoy a recreational day at the water. Swimming, cano	
	174 400 00 chil ((1) 11/ 1723

FOR QUESTIONS OR TO REGISTER, CONTACT XDECATUR@IASTATE.EDU OR CALL (641) 446-4723.

 Registration Form: Complete and return to Extension Office by June 1.

 Child's Name
 Grade ______E-mail ______

arent's Nam	ne(s)	Parer	nt Phone No	umber
Register (X)	Cost	Camp Name	Date	a section while for second
	\$10	Art Adventures	June 2	Complete this form and
	\$10	Fizz, Bubble Goo	June 3	the medical information
	\$10	Art Explorers	June 15	release form and return
	\$5	NASA AstroCamp*	June 16	with payment to the
	\$5	Sprouting Up Science	June 17	Decatur County Extension
	\$5	Fun with Bots	June 22	Office, 309 N. Main, Leon
	\$10	Kids in the Kitchen	June 23	
	\$5	Mission: Return to Mars	June 24	Registration deadline Jun
	\$5	SWITCH & Shout	June 29	1 or when camps are fille
_	\$10	STEAM'ing Through Summer	June 30	
	\$10	Wild and Wonderful Water	July 1	(maximum 15 per camp).
	Total: \$			

IOWA STATE UNIVERSITY



My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
- Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open 24/7/365
- Phones answered by a
- masters-level clinicianMake as many calls as
- needed (**no limit**)

VIRTUAL COUNSELING

• Receive up to three (3) FREE virtual counseling

sessions

 After 3 sessions, referral options may be provided

How Do I Use My SAP?

lt's easy. lt's free. lt's confidential.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

www.efr.org/sap

