



Lamoni Elementary Newsletter

October 25-October 29, 2021



Specials

Monday-A

Tuesday-B

Wednesday-C

Thursday -D

Friday -A

October 25-29	Red Ribbon Week
October 31	Trick or Treats @ Crown Colony 5-7pm
November 2	Bus Evacuation Drills
November 9	Parent/Teacher Conferences-Early Out 1pm
November 10	Challenge to Change Yoga Day
November 11	Parent/Teacher Conferences-Early Out 1pm
November 12	NO SCHOOL

BREAKFAST AND LUNCH MENU

Mon, Oct 25	Tues, Oct 26	Wed, Oct 27	Thurs, Oct 28	Fri, Oct 29
Donut	Sausage Egg Patty	Pancakes	Breakfast Burrito	Cinni Minis
Hamburger French Fries	Burrito	Pork Patty Mashed Potatoes/Gravy	Chicken Nuggets Mac & Cheese	Lasagna Rollup Pumpkin Bar

Frank Howell Fundraiser-Thelma's Drive Thru Dinner- November 4th

Please plan on attending our fundraiser for Frank Howell and his family! Tickets for Thelma's Drive Thru Chicken Dinner can be purchased at all Lamoni Community School offices and around town. See flyer for more information!

Red Ribbon Week Is Next Week!

This year's Red Ribbon Week theme is "I Believe In Me!" Lamoni Elementary has many activities planned to celebrate and teach about being drug free and making healthy choices. See below for Dress Up Day themes for your student!

Monday-**Crazy Sock Day**

Tuesday-**Hat Day**

Wednesday-**Clash of the Colors**

Thursday-**Jersey Day**

Friday-**PRIDE Day or Costume**

PreK - Yellow

K - Red

1st - Green

2nd - Black

3rd - Blue

4th - Camo

5th - Orange

4th, 5th & 6th Grade Basketball Sign-Up

Lamoni Parks & Recreation Youth Basketball for 4th, 5th and 6th grade students will be starting soon! Sign up ends October 29th, so complete the attached registration form and **return it to the Lamoni City Hall or Lamoni Community Center.**

Trick or Treat @ Crown Colony on October 31st

Students and families are invited to trick or treat at the main community room at Crown Colony from 5-7pm on October 31st. Please plan on attending for lots of treats and fun!

LCS FOOD PANTRY is Up & Running!

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to serve all families, no proof of income is needed. Order forms should be in your child's backpack!

My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.

Pediatric Rehabilitation Available at Decatur County Hospital

If you have noticed the following conditions in your child; difficulty with handwriting, restlessness during class or at home, difficulty staying on task, difficulty developing appropriate behavior techniques, or eating difficulties, pediatric rehabilitation may benefit your child. Please see the attached flyer from Decatur County Hospital for more information.

When should my child stay home from school?

The cooler weather has finally arrived. Now that we have settled into our school routines and everyone is staying indoors more, the season for colds, influenza and other illnesses has arrived also. As much as we enjoy having your students at school, we want to have them here healthy, happy and eager to learn. When they come to school with runny noses, coughs and not feeling well not only does it make learning difficult for your student, but it is difficult for the other students and teachers as well. **If your child has a fever of 100.0 or higher, vomiting/diarrhea they may not come to school for 24 hours since the last episode. If your student tests positive for COVID (or anyone in the household tests positive for COVID) please contact the school nurse ASAP at donna.binning@lamonischools.org**

Students should be fever-free without fever reducing medication for 24 hours before returning to school.

We require that you or an emergency contact will pick up your sick child within 30 minutes or as soon as possible of when you are called. It is important for the school to have a list of local emergency contacts that are available to pick up your child in the event that we are not able to reach you. Please notify the school if there are changes to your contacts.

We need everyone's cooperation, to be better able to provide a healthy learning environment for our students and staff members.

Thank you for your understanding,

Donna Binning RN, Lamoni Community School Nurse

**FRANK HOWELL FUNDRAISER
THELMA'S DRIVE-THRU DINNER
NOVEMBER 4TH 4-6:30PM
Lamoni Community Center**



Come support
Frank Howell
and his family!

Fried Chicken, Mashed Potatoes with Gravy,
Green Beans, Dinner Roll and Cookie

Tickets available at:

Lamoni Elementary/MS/HS Offices, BTC Bank, American State
Bank, and Lamoni City Hall

\$10
PER
MEAL



LAMONI

2021 LAMONI YOUTH BASKETBALL 4th, 5th, & 6th Grade

In consideration of the 2021 Lamoni Parks and Recreation Youth Basketball program, I/We as Parents/Legal Guardians of _____ (child's first and last name) a (Male ___ or Female ___) born on _____, and currently in the _____ grade, hereby consent to said child's participation in such program and in the area indicated below:

I have a jersey from last year and do not need a new jersey. Jersey number? _____

I need a jersey. Jersey number: 1st choice _____ 2nd choice _____

NOTE: There is no guarantee that everyone will receive the jersey number of his or her choice.

Size: Youth S Youth M Youth L Youth XL Adult S Adult M Adult L Adult XL

YOUTH BASKETBALL REGISTRATION FEE: \$35 CASH _____ CHECK _____

YOUTH BASKETBALL JERSEY: \$35 CASH _____ CHECK _____

NOTE: Make checks payable to City of Lamoni

PLAYER WAIVER & PHOTO RELEASE

The undersigned hereby agrees and covenants not to sue the incorporated City of Lamoni, any sub-division thereof, members of the city government, city employees, and city commission or board, its members, employees, or any other person participating in the administration of the recreation program, on account of any claim arising directly or indirectly with regard to said child's participation in said recreation program, not limited to, but known in law; nor will (I) (We) permit any other person not a party to this registration to institute or prosecute such claim on behalf of said child.

In the event someone other than the undersigned becomes legally responsible for said child, the child's right to participate in said program shall be suspended until the party then having the legal responsibility files a new registration form with the Lamoni Parks and Recreation Commission.

I, hereby grant the City of Lamoni, its legal representatives and assigns (including but not limited to), clients, publications and agencies, permission to publish photographs/images of said child in any manner, including (but not limited to); internet web publications and/or pages, calendars, advertisements, periodicals and greeting cards. I will hold harmless the aforementioned photographer and his/her legal assigns and representative, from any liability by virtue of distortion or alteration, unless it can be proven that such alterations and/or distortions were done with malicious intent.

I do attest that I am the parent or legal guardian of the above named minor child, and have legal authority to sign this release on his/her behalf. I have read and fully understand the contents of this release, and consent to the use of said photographs based on the contents thereof.

I Understand, the Parks and Recreation Commission retains the authority to revoke a child and/or family's permission to participate in Lamoni Parks and Recreation programming and athletics.

Parent/Guardian Date

Phone Cell(s)

Email(s)

**Registration Deadline is October 29. Late Registration Will Not Be Accepted.
Turn Registration in at City Hall or the Lamoni Community Center.**

Received by: _____ Cash _____ Check _____

PEDIATRIC REHABILITATION

CONTACT

1405 NW Church Street
Leon, IA 50144
641-446-2219
www.decatourcountyhospital.org



DCH
DECATUR COUNTY HOSPITAL

An Affiliate of **MERCYONE**

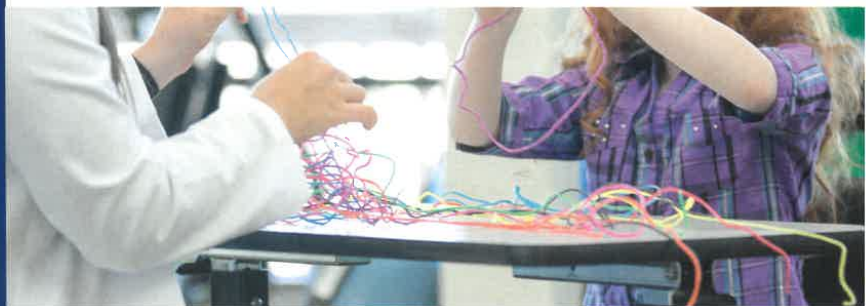
PEDIATRIC REHABILITATION AVAILABLE AT DECATUR COUNTY HOSPITAL

In the DCH Rehabilitation Services Department, our team helps patients recover from a fall, illness, or surgery. In addition to these services, Taylor Kohlwey, Registered and Licensed Occupational Therapist (OTR/L) and Certified Lifestyle Eating and Performance Therapist (CLT); and Rachael Lesan, Doctor of Physical Therapy (DPT) and Certified Athletic Trainer (ATC), offer comprehensive, personalized plans developed specifically for pediatric patients. These plans can help identify and meet the needs of children with development delays, injuries, disabilities, and other special needs. Some of the conditions we can treat include:

- Developmental delay including skills such as social, play, fine motor, handwriting, throwing/catching, jumping, running, walking, self-cares, etc.
- Down syndrome, ADHD, cerebral palsy, and autism
- Sensory processing disorders

If you notice the following conditions in your child, they may benefit from our pediatric rehabilitation services.

- Difficulty handwriting. If your child struggles with handwriting, holding writing devices, forming letters, or other basic skills, therapy can help. With strength training, muscle memory training, practice using different writing utensils, and other techniques, we can help improve your child's handwriting skills.
- Restlessness during class or at home activities. Though a certain level of restlessness is expected in children, some experience difficulty sitting through class, or sitting still during relaxing activities at home. Children who seem overactive, or who cannot sit through class may benefit from our rehabilitation programs which help develop coping techniques to displace excess energy.
- Difficulty staying on task or transitioning from one task to another. Children who have trouble focusing on one activity, or changing their frame of mind from one activity to another, may benefit from rehabilitation therapy. Customized programs help teach children techniques to keep their focus and ignore distractions, and provide opportunities to practice changing focus when transitioning between activities.
- Developing appropriate behavior techniques. Children with certain conditions often struggle in social situations. Our rehabilitation team works with patients who need to learn appropriate behavior in social situations including classrooms, stores, restaurants, and other public places. Children can learn techniques to cope with triggers in these unknown environments, and how to behave in a way that lessens their disruption to others.
- Eating. There are many obstacles children must overcome when eating. These obstacles are more difficult for some children than others. If your child has trouble using utensils properly, or struggles with other mechanics of eating, our rehabilitation therapy may be able to help.



If you feel your child could benefit from our pediatric rehabilitation services, call us at 641-446-2219 to learn more and schedule an appointment. One of our therapists will work with you and your child to develop a plan to meet their needs, and address your concerns. Each patient receives a customized plan to ensure your child gets the best treatment possible.

To best serve your needs, we offer extended appointment hours in our Rehabilitation Services Department to work around your schedule.

My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

