

Lamoni Elementary Newsletter

November 30 –December 4, 2020

Breakfast and Lunch Menu for November 30-December 4

Monday, Nov 30	Tuesday, Dec 1	Wed, Dec 2	Thurs, Dec 3	Friday, Dec 4
Pancake on a Stick	Omelet & Sausage	Cinnamon Roll	Breakfast Sandwich	Donut

Monday, Nov 30	Tuesday, Dec 1	Wed, Dec 2	Thurs, Dec 3	Friday, Dec 4
Mr. Rib Baked Beans	Walking Taco Cookie	Sloppy Joe Sandwich Hash Brown	Grilled Cheese/Chicken Noodle Soup	Chicken Nuggets Carrots

Specials Schedule for November 30-December 4

Monday-B; Tuesday-C; Wednesday-D; Thursday-A; Friday-B

Receive a Free Thermometer

There is still time to sign up to receive a free smart thermometer. If you haven't ordered yours yet, see the attached flyer from kinsa FLUency + Lysol for more information.

My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.

Dress For the Weather!!!

As cooler weather approaches, please make sure your child wears a coat to school in the morning. Students will be expected to be outside for recess.

Unexpected Dismissal Plans

It is important to have plans in place for your child for unexpected early dismissals. Please take the opportunity to discuss these plans with your child to be prepared when situations occur. The school will **NOT** be calling parents to notify them of unexpected early dismissals. Parents can listen to the radio, watch for announcements on TV, or check the school website. Parents with emails on JMC will receive an email notification or text message when school is dismissed early. If you are not able to use these services at your workplace, have a grandparent or friend check for you.

School Cancellations and Delays Due To Bad Weather

Area radio and TV stations will post by 6:30am if school will be closed or delayed due to inclement weather conditions. Please listen to or watch one of the stations listed below for delays and closings. Do not call teachers or other school personnel or your child's school. Unless you see or hear an announcement, assume school is running as usual.

KAAN Radio FM 95.5

KCCI-TV Channel 8

WHO Radio AM 1040

WHO-TV Channel 13

WOI-TV Channel 5

JMC text and email messages

School web site: www.lamonischools.org

Reminders for Inclement Weather

***Breakfast will not served on days when school is delayed due to bad weather.**

***Before School Exploration Academy will be cancelled if school starts late.**

***Exploration Academy will be cancelled if school is dismissed early because of bad weather.**

Visitors to School

Parents / guardians will NOT be allowed into the district past the Elementary and High School offices. This will be in effect until further notice. This includes all parties, as well as drop-off and pick-up of the students. Parent / Teacher conferences, IEP meetings and 504 meetings will be the only exceptions at this time.

Face Coverings

Facemasks will be required when social distancing cannot occur or around individuals with compromised health concerns. It is the recommendation of the Lamoni Community School District, in accordance with other governing bodies, that because facemasks can play a substantial role in mitigating the contraction and spread of COVID-19 (if properly worn, maintained and cleaned), in order to provide the maximum amount of safety and security, their use is recommended while at school.

Remote Learning and Virtual Students

If you have any questions regarding your student's remote learning or virtual academic curriculum, please call 641-784-3422. Please continue to check your email frequently for additional information.





Our school is partnering with Kinsa's FLUency™ School Health Program this year!

Sign up now to receive your FREE smart thermometer

If you haven't ordered yours yet, now's your chance!

1. Text **FLUENCY** to **900900!** Open the link to download the free Kinsa app.*
2. Finish signing up with our school in the Kinsa app to get your free thermometer!

**Messages and data rates may apply. You can always text STOP to end messages.*

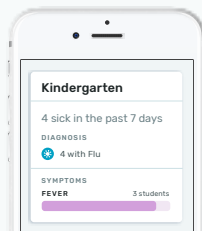
¡Regístrese ahora para recibir un termómetro inteligente GRATIS!

1. ¡Textea la palabra FLUENCY al 900900! Abre el enlace para descargar la aplicación gratuita Kinsa.*
2. ¡Regístrese con su escuela a través de la aplicación Kinsa para obtener su termómetro gratis!

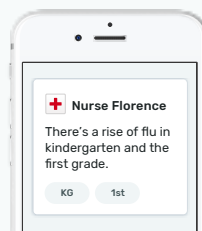


WHAT IS KINSA'S FLUENCY PROGRAM?

Kinsa is on a mission to stop the spread of illness! [Learn more at kinsahealth.co](http://kinsahealth.co). FLUency is Kinsa's school health program. For the past five years, FLUency has partnered with sponsors to provide parents free thermometers and a smartphone app to help detect and respond to spreading illnesses. This year, participation in FLUency matters more than ever to keep your school community healthy!



Know what's going around your child's school
Sepa lo que pasa en la escuela de su hijo



Receive messages from your school nurse
Recibe mensajes de la enfermera de tu escuela



My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!



www.efr.org/sap