

# Lamoni Elementary Newsletter

May 3 – May 7, 2021

May 12	Challenge to Change Yoga Day
May 16	Lamoni High School Graduation
May 18	Ride Don't Hide bike ride @ 3:30pm
May 27	Last Day of School

## Breakfast and Lunch Menu for May 3-May 7

Monday, May 3	Tuesday, May 4	Wed, May 5	Thurs, May 6	Friday, May 7
Breakfast Sandwich	Omelet & Sausage	Waffles	Scrambled Eggs Sausage Patty	Cinnamon Roll
Monday, May 3	Tuesday, May 4	Wed, May 5	Thurs, May 6	Friday, May 7
Chicken Nuggets Macaroni & Cheese	Walking Taco Refried Beans Cookie	Pizza Rice	Mr. Rib French Fries/ Tater Tots	Tater Tot Casserole Green Beans

## Specials Schedule for May 3-May 7

Monday-D; Tuesday-A; Wednesday-B; Thursday-C

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**COVID-19 REMINDER: If a student tests positive for Covid-19 or is in close contact to someone that has tested positive, please contact the school nurse, Donna Binning, @ 784-3422. This is extremely important to maintain the health and safety of our students and staff. THANK YOU!**

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**May 18<sup>th</sup> – 3:30pm**

EFR (Employee and Family Resources) will be hosting a “Ride Don’t Hide” bike ride to benefit mental health and addiction. Come join us on May 18<sup>th</sup> on the **bike trail starting at Central Park** (by the library) at 3:30pm or pick your own time to take a bike ride that day. There is no set distance, so just come, bring your family and friends, and enjoy yourself!

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## Free Pool Passes!



The Lamoni Pool has been awarded a DEKKO grant to provide free family pool passes and swim lessons to qualifying families for the summer of 2021. Any family interested in applying must complete the attached application (or go pick one up at the Lamoni City Hall) and return it to Lamoni City Hall with all required documentation before your family will be considered. All eligible applications for passes and lessons are awarded on a first come-first serve basis, so apply soon, funds are limited!

## Summer Food Service Program

Lamoni Community Schools will once again be participating in the Summer Food Service Program. This program offers free breakfast and lunch to any child (18 and younger) from June 1<sup>st</sup> to June 30<sup>th</sup>. Breakfast will be served from 8-9am and lunch will be from 11:30am-12:30pm Monday thru Friday in the high school commons.

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## School Food Pantry

If your family is in need of food the school food pantry will be open by appointment. Call (641)784-3351 during school hours or email [aarchiebeque@lamonischools.org](mailto:aarchiebeque@lamonischools.org) to set up an appointment.

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## Changing After School Plans

Please notify the elementary office of any changes to your child's after school plans **PRIOR TO 2:00PM**. The end of the day is a hectic time and we want to insure that all relevant parties have been notified. Also, please try and solidify your child's plans for the week prior to the week starting. Having a consistent plan is helpful for the student and their safety.

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## Face Coverings

Facemasks will be required when social distancing cannot occur or around individuals with compromised health concerns. It is the recommendation of the Lamoni Community School District, in accordance with other governing bodies, that because facemasks can play a substantial role in mitigating the contraction and spread of COVID-19 (if properly worn, maintained and cleaned), in order to provide the maximum amount of safety and security, their use is recommended while at school.

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## My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.

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# Lamoni Pool Grant Application

The following information is needed and required for families to receive a voucher for a free 2021 summer family pool pass and/or swim lessons. You will be notified by mail of your family's eligibility. All applications will be reviewed on a first come, first serve basis. Incomplete applications or applications without income verification will NOT be considered until all necessary forms have been received. Also, if your family or certain individuals in your family received a free pass last year but did not attend the required 10 times, you *may* be disqualified from receiving a pass for the current year.

Please fill in ALL of the following information. You must have children from ages 0-18 living in your household to apply.

Passholder Name:

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Address:

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City, State & Zip:

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Phone:

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Children in Household (0-18 years): **Please give name and age**

Name	Age

Parents Living in Household:

Name



Using the TOTAL INCOME figure (not the adjusted gross income) from your 2020 Federal Income Tax Return, check the correct circle.

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <input type="radio"/> under \$19,320  | <input type="radio"/> \$39,751-46,560 |
| <input type="radio"/> \$19,321-26,130 | <input type="radio"/> \$46,561-53,370 |
| <input type="radio"/> \$26,131-32,940 | <input type="radio"/> \$53,371-60,180 |
| <input type="radio"/> \$32,941-39,750 | <input type="radio"/> \$60,181-66,990 |

All income must be verified by including the first page of your 2020 Federal Income Tax Return. Please feel free to black out all information except the name and taxable income amount. All tax returns will be shredded after the application has been verified and processed.

Please check if your family receives any of these benefits:

- |   |                                      |
|---|--------------------------------------|
| <input type="radio"/> Free School Lunches | <input type="radio"/> Food Stamps    |
| <input type="radio"/> Low Income Housing  | <input type="radio"/> Public Welfare |

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**\*\*If you receive a free pass and swim lessons for the 2021 summer and do not attend the pool at least 10 times, you may not be eligible for a free pass in the future summers. Funding is limited and we want as many families as possible to be able to enjoy the pool!**

**PLEASE RETURN THIS FORM TO THE LAMONI CITY HALL**

# My Student Assistance Program (SAP)

## What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

**CONFIDENTIAL**

**NO COST**

**24/7 ACCESS**

## What Does My SAP Provide?

### TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

### VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

## How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

**Call 800.327.4692**

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

