

# Lamoni Elementary Newsletter

**March 7-March 11, 2022** 

## PRIDE PLEDGE

P I will have PERSEVERANCE

R I will have

I I will have

D I will have DISCIPLINE

E I will have ENTHUSIASM



March 9 Yoga Day

March 14-19 Spring Break/NO SCHOOL

March 22 Chad Elliott Workshop

April 1 LEEP Preschool Round-up

April 5, 12,19,26 ISASP Testing

Specials March 7- March 11

Monday-C Tuesday-D Wednesday-A Thursday-B Fríday-C

Mon, Mar 7	Tues, Mar 8	Wed, Mar 9	Thurs, Mar 10	Fri, Mar 11
Sausage/Pancake Stick	Danish	Sausage & Biscuit	Muffin	Coffee Cake
Chicken Sandwich Green Beans	Walking Taco Refried Beans Cookie	Cold Ham or Turkey Sandwich Chips	Hamburger/ Cheeseburger French Fries	Pizza Crunchers Rice



Please make sure your child has a water bottle at school. To prevent the spread of illness, our water fountains are limited to bottle filling stations only.



#### **Lamoni Parks & Rec Youth Baseball, Softball & T-ball Registration**

The Lamoni Parks & Rec will be accepting registrations for Youth Baseball, Softball & T-ball until March 11th. Please see the attached Registration Form for more details. Completed registrations and the registration fee should be turned into the Lamoni City Hall or the Lamoni Community Center.

### **Yoga and Mindfulness Day - March 9th**

Lamoni Elementary will be having another Yoga and Mindfulness Day on March 9th. This month's lesson will teach students some healthy breathing practices to use when they are feeling strong emotions. Please be sure your child wears comfy clothes so they can move around!

#### **ISASP Testing Is Coming Soon!**

Lamoni Community Schools, Grades 3-11, will be participating in Iowa Statewide Assessment of Student Progress (ISASP) tests on April 5th, 12th, 19th, and 26th. The results of these tests reflect what is being taught in our classrooms and how students are progressing toward grade-level expectations. It is extremely important that your student be in attendance on those days so we ask that you schedule all appointments and outings accordingly.

More information about ISASP's will be coming soon!

#### **Radioff Tardy Challenge**

We only have one week left in Mrs. Radloff's TARDY CHALLENGE, so don't forget to be on time to school. The classrooms are competing to be "THE CLASS WITH THE LEAST TARDIES". The winning class will receive a special reward after Spring Break. Please help your child's class win the challenge by helping them be on time every day. The school bell rings at 7:55am and student's are expected to be in their classrooms by 8:00am. If a student arrives after 8am, they are considered tardy.

#### **Dress for the Weather!!!**

Please make sure your child is dressed appropriately with a coat, hat and gloves when they come to school. All students will be required to go outside for recess, unless the feels like temperature is below 15 degrees.

## **LCS FOOD PANTRY**

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to be able to serve all families, no proof of income is needed. Call 641-784-3351 during school hours or look for an order form in your child's backpack!

#### **When Should My Child Stay Home?**

The season for cold, influenza and other illnesses has arrived! To keep your child and others safe, please be sure to keep your child home if they have a fever (100.0 or higher), vomiting, diarrhea, excessive

coughing or are complaining of not feeling well. Although we want our students to be at school, we also want them healthy! Thanks for your help in protecting our school!

#### **Reminders for Inclement Weather**

- \* Breakfast will not be available on days when school is <u>delayed</u> due to bad weather.
- \*Before-School Exploration Academy will be canceled if school starts late.
- \*After-School Exploration Academy will be <u>canceled if school is dismissed early</u> because of inclement weather.

### **My Student Assistance Program (SAP)**

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.





# My Student Assistance Program (SAP)

## What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
- Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

#### CONFIDENTIAL

**NO COST** 

24/7 ACCESS

## What Does My SAP Provide?

#### **TELEPHONE CONSULTS**

- Phone lines open 24/7/365
- Phones answered by a masters-level clinician
- Make as many calls as needed (no limit)

#### VIRTUAL COUNSELING

- Receive up to three (3) FREE virtual counseling sessions
- After 3 sessions, referral options may be provided

## How Do I Use My SAP?

lt's easy. lt's free. lt's confidential.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way.

We're here to help!



www.efr.org/sap

#### **2022 LAMONI PARKS AND RECREATION**

#### YOUTH BASEBALL/SOFTBALL/T-BALL REGISTRATION

- PLEASE FILL OUT A SEPARATE FORM FOR EACH CHILD
- PLAYER LEVEL IS INDICATED BY THE GRADE YOUR CHILD WILL COMPLETE THIS SPRING.
- WE WILL NOT GRANT REQUESTS FOR CHILDREN TO PLAY UP A LEVEL.
- Please return registrations to City Hall or the Community Center by March 11, 2022. NO LATE REGISTRATIONS WILL BE ACCEPTED. NO REFUNDS WILL BE GIVEN.
- If you are in need of financial assistance, please let us know. We want everyone who wants to play to have the opportunity to do so! Call us at 641-784-6742.

YOUR CHILD'S NAME (PLEA	ASE PRINT FIRST AND LAST NAME)			
DOB	GRADE JUST COMPLETING	GENDER: M OR F		
SELECT A LEVEL:				
T-Ball Must be 5 y/o by Sept	t. 15-KINDERGARTEN <b>(\$55*)</b>	Coed Minors, 1 <sup>st</sup> -2 <sup>nd</sup> Grade (\$55*)		
Girls Minors, 3 <sup>rd</sup> -4 <sup>th</sup> Grade (\$60*)		Girls Majors, 5 <sup>th</sup> -6 <sup>th</sup> Grade (\$60*)		
Boys Minors, 3 <sup>rd</sup> -4 <sup>th</sup> Grade (\$60*)		Boys Majors, 5 <sup>th</sup> -6 <sup>th</sup> Grade (\$60*)		
The total cost for multiple	e child families will not exceed \$100	).		
concessions stand work. Toncessions stand. If you	This \$20 will be held and be fully re	dditional \$20 during registration period to help cover the cost of fundable to you after you have a worked a shift in the e and do not want to help out with the concessions, please let ure lule. Thank you!		
Please check one of the b	oxes: I will work in the concessio	ns stand I will NOT work in the concessions stand		
SHIRT SIZE YOUTH: S M L	ADULT: S M L XL	HAT SIZE: Youth or Adult		
Will your child be out of to	e in another potentially conflicting s own on any Saturday in June? YES /	NO (For Majors/Minors Only)		
	PLAYER WAIVEI	R & PHOTO RELEASE		
or board, its members, employees, or an	ees and covenants not to sue the incorporated City of La y other person participating in the administration of the	moni, any sub-division thereof, members of the city government, city employees, and city commission recreation program, on account of any claim arising directly or indirectly with regard to said child's any other person not a party to this registration to institute or prosecute such claim on behalf of said		
In the event someone other the legal responsibility files a new registr I, hereby grant the City of La child in any manner, including (but not lin photographer and his/her legal assigns a	ation form with the Lamoni Parks and Recreation Comm Imoni, its legal representatives and assigns (including bu mited to); internet web publications and/or pages, calen	id child, the child's right to participate in said program shall be suspended until the party then having ission.  I not limited to), clients, publications and agencies, permission to publish photographs/images of said dars, advertisements, periodicals and greeting cards. I will hold harmless the aforementioned in or alteration, unless it can be proven that such alterations and/or distortions were done with		
contents of this release, and consent to t	he use of said photographs based on the contents there	d have legal authority to sign this release on his/her behalf. I have read and fully understand the of. a child and/or family's permission to participate in Lamoni Parks and Recreation programming and		
Parent/Guardian		Date		
Phone		Cell(s)		
Email(s)		<del></del>		

Registration Deadline is March 11. Late registration will not be accepted. Turn registration in at City Hall or the Lamoni Community Center.