



Lamoni Elementary Newsletter

March 6-10, 2023

PRIDE PLEDGE

P I will have
PERSEVERANCE

R I will have
RESPECT

I I will have
INTEGRITY

D I will have
DISCIPLINE

E I will have
ENTHUSIASM

March 10	NO SCHOOL
March 13-17	NO SCHOOL/Spring Break
March 17	Baseball, Softball, T-Ball Sign up Deadline @ the Lamoni Community Center
March 22	Challenge to Change Yoga Day
March 31	PRIDE Assembly/Kid's Heart Challenge Kick-Off
April 4, 11, 18 & 25	ISASP Testing (Grades 3-11)
April 7	Preschool Roundup 9-3pm NO SCHOOL/Professional Development
April 10	NO SCHOOL
April 19	Challenge to Change Yoga Day
May 25	Last day of school

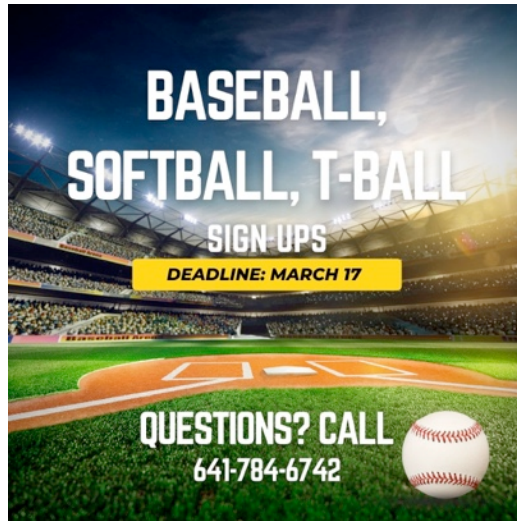
Specials Schedule - March 6-10

Grades K-1 Mon-D Tues-A Wed-B Th-C Fri-D

Grades 2-5 See Below

Mon, Mar 6	Tues, Mar 7	Wed, Mar 8	Thu, Mar 8	Fri, Mar 9
Breakfast Pizza	Apple or Raspberry Churros	French Toast Sticks Omelet	Biscuits & Gravy	No School
Pizza Rice	Walking Tacos Bar	Haystack Carrots	Chicken Sandwich Mozzarella Sticks	No School

Lamoni Park & Rec Baseball, Softball, & T-Ball Sign Up



LEEP Preschool/Lamoni Head Start Preschool Sign Up

If you have a child who will be 3 years old or older by September 15, 2023, and are interested in preschool, plan on attending our sign up on Friday, April 7th from 9am-3pm. Please read the attached flyer for all of the details and required documentation. Call 641-784-3342 to make an appointment.

Reminders for Inclement Weather

On days when we have a late start due to weather there will be NO breakfast served to students and NO Before-School Exploration Academy. **Please do not bring students to school before 9:45am on late start days.** If there is an early out, there will be NO After-School Exploration Academy.

Feeling the Winter Blues? Contact your SAP!

If you or your immediate family members are dealing with stress, remember you can contact your Student Assistance Program (SAP) for guidance and support! The numbers are 515-244-6090 or 800-327-4692.



Specials Schedules

Elementary specials include PE, Art, Music and Library for Kindergarten and First Graders. We use a four day (A-D)schedule. See below for the schedule:

K-1 Specials	Grade	A Day	B Day	C Day	D Day
Mickelson	KG	Art	Library	PE	Music
Ranney	KG	PE	Music	Art	Library
McKillip	1	Library	PE	Music	Art
Rushing	1	Music	Art	Library	PE

2-5 grade students will use a five day specials schedule which includes Art, Library, PE, Music and Computers. See below for the schedule:

2-5 Specials	Grade	Monday	Tuesday	Wednesday	Thursday	Friday
McMacken	2	Art	Library	PE	Music	Computers
Kacmarynski	3	Computers	Art	Library	PE	Music
Martin	3	Library	PE	Music	Computers	Art
Boswell	4	Music	Computers	Art	Library	PE
Pitt	5	PE	Music	Computers	Art	Library

2023 LAMONI PARKS AND RECREATION YOUTH BASEBALL/SOFTBALL/T-BALL REGISTRATION

- PLEASE FILL OUT A SEPARATE FORM FOR EACH CHILD
- PLAYER LEVEL IS INDICATED BY THE GRADE YOUR CHILD WILL COMPLETE THIS SPRING.
- Please return registrations to City Hall or the Community Center by March 17, 2023. NO LATE REGISTRATIONS WILL BE ACCEPTED. NO REFUNDS WILL BE GIVEN.
- **If you are in need of financial assistance, please let us know. We want everyone who wants to play to have the opportunity to do so! Call us at 641-784-6742.**

YOUR CHILD'S NAME (PLEASE PRINT FIRST AND LAST NAME) _____

DOB _____ GRADE JUST COMPLETING _____ GENDER: M OR F

SELECT A LEVEL:

T-Ball Must be 5 y/o by Sept. 15-KINDERGARTEN (\$55*) _____ Coed Minors, 1st-2nd Grade (\$55*) _____

Girls Minors, 3rd-4th Grade (\$60*) _____ Girls Majors, 5th-6th Grade (\$60*) _____

Boys Minors, 3rd-4th Grade (\$60*) _____ Boys Majors, 5th-6th Grade (\$60*) _____

The total cost for multiple child families will not exceed \$100.

***Concessions Stand Assistance Policy: A parent will pay an additional \$20 during registration period to help cover the cost of concessions stand work. This \$20 will be held and be fully refundable to you after you have worked a shift in the concessions stand. If you would like to pay the additional fee and do not want to help out with the concessions, please let us know so we can leave you off of our concessions stand schedule. Thank you!**

Please check one of the boxes: I will work in the concessions stand ____ I will NOT work in the concessions stand ____

SHIRT SIZE YOUTH: S M L ADULT: S M L XL

HAT SIZE: Youth or Adult

Does your child participate in another potentially conflicting sport? YES / NO

Will your child be out of town on any Saturday in June? YES / NO (For Majors/Minors Only)

If yes, which Saturdays: _____

PLAYER WAIVER & PHOTO RELEASE

The undersigned hereby agrees and covenants not to sue the incorporated City of Lamoni, any sub-division thereof, members of the city government, city employees, and city commission or board, its members, employees, or any other person participating in the administration of the recreation program, on account of any claim arising directly or indirectly with regard to said child's participation in said recreation program, not limited to, but known in law; nor will (I) (We) permit any other person not a party to this registration to institute or prosecute such claim on behalf of said child.

In the event someone other than the undersigned becomes legally responsible for said child, the child's right to participate in said program shall be suspended until the party then having the legal responsibility files a new registration form with the Lamoni Parks and Recreation Commission.

I, hereby grant the City of Lamoni, its legal representatives and assigns (including but not limited to), clients, publications and agencies, permission to publish photographs/images of said child in any manner, including (but not limited to); internet web publications and/or pages, calendars, advertisements, periodicals and greeting cards. I will hold harmless the aforementioned photographer and his/her legal assigns and representative, from any liability by virtue of distortion or alteration, unless it can be proven that such alterations and/or distortions were done with malicious intent.

I do attest that I am the parent or legal guardian of the above named minor child, and have legal authority to sign this release on his/her behalf. I have read and fully understand the contents of this release, and consent to the use of said photographs based on the contents thereof.

I Understand, the Parks and Recreation Commission retains the authority to revoke a child and/or family's permission to participate in Lamoni Parks and Recreation programming and athletics.

Parent/Guardian Date

Phone Cell(s)

Email(s)

Registration Deadline is March 17. Late registration will not be accepted. Turn registration in at City Hall or the Lamoni Community Center.



LEEP Pre-School/Lamoni

Head Start



3 & 4yr old Preschool

2023-2024 Program Year Pre-School Sign Up

Friday, April 7th, 9:00 AM – 3:00 PM

LEEP

202 N. Walnut Street, Lamoni

Child must be 3 years old by September 15, 2023 to qualify.

Quality Preschool Program

- Certified Early Childhood Teachers and Teacher Assistants with CDA (Child Development Associate) Certification
- Head Start Performance Standards are considered of the highest quality by the Iowa Department of Education
- We serve individuals with disabilities
- No cost for eligible families

To complete an application, the following is required:

- Proof of your income **for the past 12 months** (2022 1040 tax form, 2022 W2's, etc.)
 - ☐ **Your family automatically meets the financial eligibility requirement if:**
 - **You receive SNAP food benefits, SSI benefits or FIP**
- Proof of your child's birth date (birth certificate)
- Proof of where you live (mail, bill, etc.)
- Copy of child's immunization

Please call 641-784-3422 to make an appointment.

My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

www.efr.org/sap

