

Lamoni Elementary Newsletter March 28-April 1, 2022

PRIDE	April 1	LEEP Preschool Round-up ISASP Testing Yoga Day		
PLEDGE	April 5, 12,19,26 April 13			
P I will have PERSEVERANCE	April 15	Professional Development/ NO SCHOOL		
R I will have RESPECT				
I will have		"Children must be taught how to think, not what to think." —Margaret Mead		
D I will have DISCIPLINE				
E I will have ENTHUSIASM	Specíals March 28- Apríl 1 Monday-D Tuesday-A Wednesday-B Thursday-C Fríday-D			

Mon, Mar 28	Tues, Mar 29	Wed, Mar 30	Thurs, Mar 31	Fri, Apr 1
Pancakes	Scrambled Eggs Biscuit	Churro	Breakfast Taco	Sausage/Egg Patty
Chicken Noodles Mashed Potatoes Gravy/Roll	Ũ	Corndog	Goulash Bread	Shrimp Mozzarella Sticks



Please make sure your child has a water bottle at school. To prevent the spread of illness, our water fountains are limited to bottle filling stations only.



ISASP Testing Is Coming Soon!

Lamoni Community Schools, Grades 3-11, will be participating in Iowa Statewide Assessment of Student Progress (ISASP) tests on April 5th, 12th, 19th, and 26th. The results of these tests reflect what is being taught in our classrooms and how students are progressing toward grade-level expectations. It is extremely important that your student be in attendance on those days so we ask that you schedule all appointments and outings accordingly.

Some tips to help your student be prepared and successful!

- Get a good night's sleep the whole week of testing!
- Eat a healthy breakfast every morning!
- Get your child to school on time!

Dress for the Weather!!!

Please make sure your child is dressed appropriately with a coat, hat and gloves when they come to school. Although we are having some warmer days that feel like spring, it is still chilly at times and students are required to go outside for recess.

LCS FOOD PANTRY

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to be able to serve all families, no proof of income is needed. Call 641-784-3351 during school hours or look for an order form in your child's backpack!

When Should My Child Stay Home?

The season for cold, influenza and other illnesses has arrived! To keep your child and others safe, please be sure to keep your child home if they have a fever (100.0 or higher), vomiting, diarrhea, excessive coughing or are complaining of not feeling well. Although we want our students to be at school, we also want them healthy! Thanks for your help in protecting our school!

Reminders for Inclement Weather

Breakfast will not be available on days when school is <u>delayed</u> due to bad weather.

*Before-School Exploration Academy will be canceled if school starts late.

*After-School Exploration Academy will be <u>canceled if school is dismissed early</u> because of inclement weather.

My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.



My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
- Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open 24/7/365
- Phones answered by a masters-level clinician
- Make as many calls as needed (**no limit**)



VIRTUAL COUNSELING

- Receive up to three (3) FREE virtual counseling sessions
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

lt's easy. lt's free. lt's confidential.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

www.efr.org/sap