# Lamoni Elementary Newsletter March 1–March 5, 2021

March 10	Challenge to Change Yoga Day	
March 15-19	Spring Break (No School)	

#### **Breakfast and Lunch Menu for March 1-March 5**

Monday, Mar 1	Tuesday, Mar 2	Wed, Mar 3	Thurs, Mar 4	Friday, Mar 5
Variety Day	Omelet & Sausage	Donut	Breakfast	Breakfast Burrito
			Sandwich	
Monday, Mar 1	Tuesday, Mar 2	Wed, Mar 3	Thurs, Mar 4	Friday, Mar 5
BBQ Chicken	Nachos	Cheeseburger	Cheese Stuffed	Tater Tot
Sandwich	Brownie	French Fries	Breadstick	Casserole
Carrots			Corn	Green Beans

#### **Specials Schedule for Mar 1-Mar 5**

COVID-19 REMINDER: If a student tests positive for Covid-19 or is in close contact to someone that has tested positive, please contact the school nurse, Donna Binning, @ 784-3422. This is extremely important to maintain the health and safety of our students and staff. THANK YOU!

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# Scholastic Online Book Fair

## Feb 22-March 7

The Scholastic Online Book Fair is back until March 7<sup>th</sup> so be sure and visit <u>https://www.scholastic.com/bf/lamonielementaryschool2</u> to browse nearly 300 titles and discover the magic of reading! See the attached flyer for more details.

# SWITCH Program for 4<sup>th</sup> & 5<sup>th</sup> Grades

Lamoni Elementary is partnering with Iowa State University to provide the SWITCH Program to 4<sup>th</sup> and 5<sup>th</sup> grade students. The SWITCH Program encourages students, and their families and friends, to "switch what they Do, View and Chew" by focusing on physical activity, screen time, and nutrition. We will be starting Weeks 5 & 6, which are "CHEW" weeks. Be sure and check with your student(s) and watch your email for more information as we go through this fun and informative program!

#### **Open Enrollment Deadline**

March 1 is the deadline for filing an open enrollment application with the resident and/or receiving districts for the 2021-22 school year. The deadline for kindergarten students is September 1. Call the school at (641) 784-3351 for more information or if you have any questions.

#### **School Food Pantry**

If your family is in need of food the school food pantry will be open by appointment. Call (641)784-3351 during school hours or email <u>aarchibeque@lamonischools.org</u> to set up an appointment.

#### **Dress For the Weather!**

Please make sure your child wears a season appropriate coat, hat and mittens/gloves to school every day! Students will be expected to go outside for recess unless the "feels like" temperature is less than 15 degrees.

#### **Unexpected Dismissal Plans**

It is important to have plans in place for your child for unexpected early dismissals. Please take the opportunity to discuss these plans with your child to be prepared when situations occur. The school will **NOT** be calling parents to notify them of unexpected early dismissals. Parents can listen to the radio, watch for announcements on TV, or check the school website. Parents with emails on JMC will receive an email notification or text message when school is dismissed early.

#### **Reminders for Inclement Weather**

\*Breakfast will not served on days when school is delayed due to bad weather. \*Before School Exploration Academy will be cancelled if school starts late. \*Exploration Academy will be cancelled if school is dismissed early because of bad weather.

#### School Cancellations and Delays Due To Bad Weather

Area radio and TV stations will post by 6:30am if school will be closed or delayed due to inclement weather conditions. Please listen to or watch one of the stations listed below for delays and closings. Do not call teachers or other school personnel or your child's school. Unless you see or hear an announcement, assume school is running as usual.

	2	,	4	2			
	KAAN Radio	FM 95.5	KCCI-TV	Channel 8			
	WHO Radio	AM 1040	WHO-TV	Channel 13			
	WOI-TV	Channel 5	JMC text and	email messages			
School web site: www.lamonischools.org							
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**Face Coverings** 

Facemasks will be required when social distancing cannot occur or around individuals with compromised health concerns. It is the recommendation of the Lamoni Community School District, in accordance with other governing bodies, that because facemasks can play a substantial role in mitigating the contraction and spread of COVID-19 (if properly worn, maintained and cleaned), in order to provide the maximum amount of safety and security, their use is recommended while at school.

#### My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.

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# Dear Parents and Families:



The Scholastic Book Fair is back! While the Fair will be held online this spring, we still plan on making it a fun and joyous experience for our kids. Our Virtual Fair features:

• A fully Virtual Fair so you and your kids can experience the joy of the Book Fair experience! Browse nearly 300 titles by grade, meet popular authors, watch book videos, and discover the magic of reading

- Direct access to over 6,000 additional titles with family-friendly prices at the Scholastic Store Online
- Every dollar you spend will benefit our school directly (25% back

in rewards for every purchase!)

Save these dates and view our school's Fair site:

Fair Dates: February 22- March 7

**Virtual Store:** 

https://www.scholastic.com/bf/lamonielementaryschool2 We can't wait to "see" you at the Fair!

Lamoni Community Schools

Lynda Farnham Book Fair Chair lfarnham@lamonischools.org email



# My Student Assistance Program (SAP)

#### What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
- Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

#### CONFIDENTIAL

**NO COST** 

## 24/7 ACCESS

#### What Does My SAP Provide?

#### **TELEPHONE CONSULTS**

- Phone lines open **24/7/365**
- Phones answered by a masters-level clinician
- Make as many calls as needed (**no limit**)

#### VIRTUAL COUNSELING

- Receive up to three (3) FREE
  virtual counseling
- sessionsAfter 3 sessions, referral
- options may be provided

#### How Do I Use My SAP?

lt's easy. It's free. It's confidential.

## Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

www.efr.org/sap

