



Lamoni Elementary Newsletter

January 31-February 4, 2022

PRIDE PLEDGE

P I will have
PERSEVERANCE

R I will have
RESPECT

I I will have
INTEGRITY

D I will have
DISCIPLINE

E I will have
ENTHUSIASM

February 4	Professional Development/ NO SCHOOL
February 9	<i>Yoga Day</i>
February 22	Early Out @ 1pm Parent Teacher Conferences
February 24	Early Out @ 1pm Parent Teacher Conferences
February 25	NO SCHOOL

Specials Jan 31- Feb 4
Monday-A Tuesday-B Wednesday-C Thursday-D

Mon, Jan 31	Tues, Feb 1	Wed, Feb 2	Thurs, Feb 3	Fri, Feb 4
Variety Day	French Toast	Breakfast Burrito	Long John	No School
Variety Day	Chicken Soft Taco Refried Beans	Chicken Tenders	Pork Patty Mashed Potatoes Gravy/Roll	Burrito



Please make sure your child has a water bottle at school. To prevent the spread of illness, our water fountains are limited to bottle filling stations only.



Dress for the Weather!!!

Please make sure your child is dressed appropriately with a coat, hat and gloves when they come to school. All students will be required to go outside for recess, unless the feels like temperature is below 15 degrees.

LCS FOOD PANTRY

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to be able to serve all families, no proof of income is needed. Call 641-784-3351 during school hours or look for an order form in your child's backpack!

When Should My Child Stay Home?

The season for cold, influenza and other illnesses has arrived! To keep your child and others safe, please be sure to keep your child home if they have a fever (100.0 or higher), vomiting, diarrhea, excessive coughing or are complaining of not feeling well. Although we want our students to be at school, we also want them healthy! Thanks for your help in protecting our school!

Reminders for Inclement Weather

- * Breakfast will not be available on days when school is delayed due to bad weather.
- * Before-School Exploration Academy will be canceled if school starts late.
- * After-School Exploration Academy will be canceled if school is dismissed early because of inclement weather.

My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.

My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

