

# Lamoni Elementary Newsletter

**January 24-January 28, 2022** 

## **PRIDE**

### **PLEDGE**

P I will have PERSEVERANCE

R I will have

I I will have

D I will have

E I will have ENTHUSIASM

January 24 Donuts with Dad

February 4 Professional Development/NO SCHOOL

February 9 Yoga Day

February 22 Early Out @ 1pm

**Parent Teacher Conferences** 

February 24 Early Out @ 1pm

**Parent Teacher Conferences** 

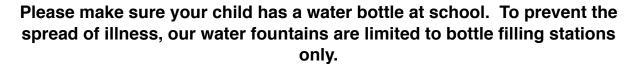
February 25 NO SCHOOL

#### Specials Jan 24-28

Monday-D Tuesday-A Wednesday-B Thursday-€ Fríday-D

Mon, Jan 24	Tues, Jan 25	Wed, Jan 26	Thurs, Jan 27	Fri, Jan 28
Donut	Danish	Egg Patty Hash brown	Bagel	Pancakes
Sloppy Joe Tater Tots	Walking Taco	Cream Chicken/ Biscuit Peas	Pork Fritter Sandwich	Burrito







#### **Donuts with Dads**

Donuts with Dads will be on January 24th, starting at 7:15am. The cost for breakfast is \$2.45 per adult. Sign-up forms will be in your child's backpack today or you can print the attached form for your use. We request that you send in your form or call the Elementary Office at 641-784-3422 prior to January 17th so we can be prepared. See attached flyer!

#### **Dress for the Weather!!!**

Please make sure your child is dressed appropriately with a coat, hat and gloves when they come to school. All students will be required to go outside for recess, unless the feels like temperature is below 15 degrees.

#### **LCS FOOD PANTRY**

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to be able to serve all families, no proof of income is needed. Call 641-784-3351 during school hours or look for an order form in your child's backpack!

#### **When Should My Child Stay Home?**

The season for cold, influenza and other illnesses has arrived! To keep your child and others safe, please be sure to keep your child home if they have a fever (100.0 or higher), vomiting, diarrhea, excessive coughing or are complaining of not feeling well. Although we want our students to be at school, we also want them healthy! Thanks for your help in protecting our school!

### **Reminders for Inclement Weather**

- \* Breakfast will not be available on days when school is <u>delayed</u> due to bad weather.
- \*Before-School Exploration Academy will be canceled if school starts late.
- \*After-School Exploration Academy will be <u>canceled if school is dismissed early</u> because of inclement weather.

#### **My Student Assistance Program (SAP)**

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.



# My Student Assistance Program (SAP)

## What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
- Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

CONFIDENTIAL

**NO COST** 

24/7 ACCESS

#### What Does My SAP Provide?

#### **TELEPHONE CONSULTS**

- Phone lines open 24/7/365
- Phones answered by a masters-level clinician
- Make as many calls as needed (no limit)

#### **VIRTUAL COUNSELING**

- Receive up to three (3) FREE virtual counseling sessions
- After 3 sessions, referral options may be provided

### How Do I Use My SAP?

lt's easy. It's free. It's confidential.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way.

We're here to help!



www.efr.org/sap