



Lamoni Elementary Newsletter

January 17-January 21, 2022

**PRIDE
PLEDGE**

P I will have
PERSEVERANCE

R I will have
RESPECT

I I will have
INTEGRITY

D I will have
DISCIPLINE

E I will have
ENTHUSIASM

January 20	Author Coach Sloth visits the Elementary
January 24	Donuts with Dad
February 4	Professional Development/ NO SCHOOL
February 9	<i>Yoga Day</i>
February 22	Early Out @ 1pm Parent Teacher Conferences
February 24	Early Out @ 1pm Parent Teacher Conferences
February 25	NO SCHOOL

Specials Jan 17-21

Monday-C Tuesday-D Wednesday-A Thursday-B Friday-C

Mon, Jan 17	Tues, Jan 18	Wed, Jan 19	Thurs, Jan 20	Fri, Jan 21
Breakfast Sandwich	Oatmeal	Waffles	Cinnamon Roll	Biscuits & Gravy
Popcorn Chicken Cheese Sticks	Chicken Soft Taco Refried Beans	Hot Ham or Turkey & Cheese	Pizza Rice	Goulash Bread



Please make sure your child has a water bottle at school. To prevent the spread of illness, our water fountains are limited to bottle filling stations only.



Author Coach Sloth to Visit

Author, Coach Ryan Sloth, will be visiting the elementary on January 20th! Coach Sloth will take our students on a journey filled with magic, humor and student interaction. For more information and a book order form, please see the attached flyers. Order forms should also be in your child's backpack TODAY!

Donuts with Dads

Donuts with Dads will be on January 24th, starting at 7:15am. The cost for breakfast is \$2.45 per adult. Sign-up forms will be in your child's backpack today or you can print the attached form for your use. We request that you send in your form or call the Elementary Office at 641-784-3422 prior to January 17th so we can be prepared. See attached flyer!

Dress for the Weather!!!

Please make sure your child is dressed appropriately with a coat, hat and gloves when they come to school. All students will be required to go outside for recess, unless the feels like temperature is below 15 degrees.

LCS FOOD PANTRY

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to be able to serve all families, no proof of income is needed. Call 641-784-3351 during school hours or look for an order form in your child's backpack!

When Should My Child Stay Home?

The season for cold, influenza and other illnesses has arrived! To keep your child and others safe, please be sure to keep your child home if they have a fever (100.0 or higher), vomiting, diarrhea, excessive coughing or are complaining of not feeling well. Although we want our students to be at school, we also want them healthy! Thanks for your help in protecting our school!

Reminders for Inclement Weather

- * Breakfast will not be available on days when school is delayed due to bad weather.
- * Before-School Exploration Academy will be canceled if school starts late.
- * After-School Exploration Academy will be canceled if school is dismissed early because of inclement weather.

My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.

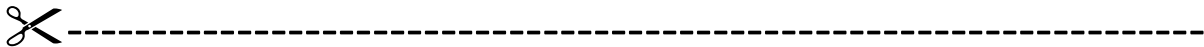


When: Monday, January 24th

Time: 7:15am-8:00am

Cost: \$2.45 per adult

Plan on attending our annual Donuts with Dad event! Just complete the form at the bottom of the page and return it to the Lamoni Elementary Office by Monday, January 17th.



_____, will be

attending Donuts with Dad with my child,

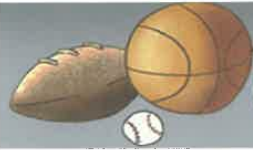
_____.

Author Visit

... Inspire Kids to Dream Big!

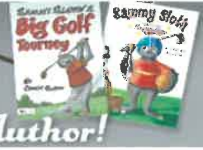


Coach Sloth
www.coachsloth.com



COACH SLOTH

Iowa's Favorite Author!



Hi Families! **Coach Sloth** is visiting our school on Thursday January 20, 2022

His author presentation takes your child on a journey filled with magic, humor and student interaction to:

- EDUCATE** - Learn the book writing process, importance of reading and value of hard work.
- ENTERTAIN** - Students participate in a skit with an Anti-Bullying message.
- INSPIRE** - Kids will write their own stories in hopes of becoming a World Famous Author someday!



Coach Sloth's Author Presentation is **NO CHARGE** to our school because we are hosting a **PAY-IT-FORWARD** assembly. With each book order, you help:

- Send Coach Sloth to another school at no cost.
- Give your child a reminder of his message.
- Promote the importance of reading to your child.



\$10 Books

\$25 Combo

- _____ Coach Sloth's **MAGIC Book (Big)** and Sport Superstar **Favorite Choice!**
- _____ Sports Superstar, Hank the Bully, Big Fish

\$20 Books

- _____ Coach Sloth's **MAGIC Book**
- _____ Cyclones Football A to Z (hardcover)
- _____ Hank the Bully (hardcover)
- _____ Iowa State Fair A to Z (hardcover)

- _____ Pick 6 Special (select 6 for \$40)
- _____ Hank the Bully (paperback)
- _____ Sammy Sloth Sport Superstar
- _____ Sammy's Big Fish
- _____ Sammy's Big Golf Tourney
- _____ Tucker's Soooo Silly Jungle Safari
- _____ Troll Under the Porch
- _____ **(Sold Out)** Sammy and the Iowa State Cyclones
- _____ Sammy Says Good-bye...
- _____ Coach Sloth's **MAGIC Book (Little)**
- _____ Donate books to less fortunate kids

Cash or Check (payable to Coach Sloth)	TOTAL	
--	--------------	--

NAME _____ **Teacher** _____

E-MAIL (For Updates and Special Offers) _____

For a personalized autographed book, please print names CLEARLY



Growing up in Dike and Belmond, Iowa, Coach Sloth played all sports, but loved football. As starting cornerback in 2000, he helped lead the Iowa State Cyclones to a victory in the Insight Bowl. Coach Sloth spent 10 seasons playing and coaching arenafootball with the Iowa Barnstormers and 5 other teams. Also a football player in 5 movies. We Are Marshall, Leatherheads, Touchback, Amazing Spiderman, and The Dark Knight Rises. Coach Sloth lives in Huxley, Iowa with wife and their 6 kids.



FREE Animated Book... Subscribe to **CoachSloth** on **YouTube** or visit **www.coachsloth.com**

My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

