

# Lamoni Elementary Newsletter

January 11 – January 15, 2021

January 15	End of first semester
January 18	First day of second semester
February 5	No School – Professional Development

## Breakfast and Lunch Menu for January 11-January 15

Monday, Jan 11	Tuesday, Jan 12	Wed, Jan 13	Thurs, Jan 14	Friday, Jan 15
Waffles	French Toast Sticks/Sausage	Breakfast Pizza	Breakfast Burrito	Coffee Cake

Monday, Jan 11	Tuesday, Jan 12	Wed, Jan 13	Thurs, Jan 14	Friday, Jan 15
Popcorn Chicken Hash brown Patty	Walking Taco Cookie	Cream Chicken over Biscuit Peas	Chicken Sandwich Carrots	Goulash Bread Stick

## Specials Schedule for January 11-January 15

Monday-A; Tuesday-B; Wednesday-C; Thursday-D; Friday-A

\*\*\*\*\*

**COVID-19 REMINDER: If a student tests positive for Covid-19 or is in close contact to someone that has tested positive, please contact the school nurse, Donna Binning, @ 784-3422. This is extremely important to maintain the health and safety of our students and staff. THANK YOU!**

\*\*\*\*\*

## Unexpected Dismissal Plans

It is important to have plans in place for your child for unexpected early dismissals. Please take the opportunity to discuss these plans with your child to be prepared when situations occur. The school will **NOT** be calling parents to notify them of unexpected early dismissals. Parents can listen to the radio, watch for announcements on TV, or check the school website. Parents with emails on JMC will receive an email notification or text message when school is dismissed early.

\*\*\*\*\*

## School Cancellations and Delays Due To Bad Weather

Area radio and TV stations will post by 6:30am if school will be closed or delayed due to inclement weather conditions. Please listen to or watch one of the stations listed below for delays and closings. Do not call teachers or other school personnel or your child's school.

Unless you see or hear an announcement, assume school is running as usual.

KAAN Radio FM 95.5

KCCI-TV Channel 8

WHO Radio AM 1040

WHO-TV Channel 13

WOI-TV Channel 5

JMC text and email messages

School web site: [www.lamonischools.org](http://www.lamonischools.org)

\*\*\*\*\*

## **Reminders for Inclement Weather**

- \*Breakfast will not served on days when school is delayed due to bad weather.**
- \*Before School Exploration Academy will be cancelled if school starts late.**
- \*Exploration Academy will be cancelled if school is dismissed early because of bad weather.**

\*\*\*\*\*

## **Face Coverings**

Facemasks will be required when social distancing cannot occur or around individuals with compromised health concerns. It is the recommendation of the Lamoni Community School District, in accordance with other governing bodies, that because facemasks can play a substantial role in mitigating the contraction and spread of COVID-19 (if properly worn, maintained and cleaned), in order to provide the maximum amount of safety and security, their use is recommended while at school.

\*\*\*\*\*

## **My Student Assistance Program (SAP)**

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.

\*\*\*\*\*



# My Student Assistance Program (SAP)

## What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

**CONFIDENTIAL**

**NO COST**

**24/7 ACCESS**

## What Does My SAP Provide?

### TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

### VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

## How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

**Call 800.327.4692**

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

[www.efr.org/sap](http://www.efr.org/sap)

