

# Lamoni Elementary Newsletter

February 22–February 26 2021

<b>February 23 &amp; 25</b>	<b>Early Out @ 1pm</b> <b>Parent/Teacher Conferences 3-7pm</b> <b>Exploration Academy 1-5pm</b>
<b>February 26</b>	<b>No School</b>
<b>March 15-19</b>	<b>Spring Break (No School)</b>

## Breakfast and Lunch Menu for February 22-February 26

Monday, Feb 22	Tuesday, Feb 23	Wed, Feb 24	Thurs, Feb 25	Friday, Feb 26
Apple Churros	Egg Patty Biscuit	Pancake on a Stick	Oatmeal	No School

Monday, Feb 22	Tuesday, Feb 23	Wed, Feb 24	Thurs, Feb 25	Friday, Feb 26
Cheese Stuffed Breadstick Carrots	Burrito Corn Yellow Cake	Port Fritter Mashed Potatoes/Gravy	Pizza Rice	No School

## Specials Schedule for February 22-February 26

Monday-C; Tuesday-D; Wednesday-A; Thursday-B; Friday-C

\*\*\*\*\*

**COVID-19 REMINDER: If a student tests positive for Covid-19 or is in close contact to someone that has tested positive, please contact the school nurse, Donna Binning, @ 784-3422. This is extremely important to maintain the health and safety of our students and staff. THANK YOU!**

\*\*\*\*\*

## Parent Teacher Conferences

**February 23 & 25**

Parent Teacher Conferences will be held virtually via Google Meet. Please check your parent email for your specified time(s) and important sign-on information. **GOOGLE MEET**

**INVITATIONS FOR SPRING PARENT/TEACHER CONFERENCES WERE SENT TO THE PARENT'S EMAIL!**

\*\*\*\*\*

## SWITCH Program for 4<sup>th</sup> & 5<sup>th</sup> Grades

Lamoni Elementary is partnering with Iowa State University to provide the SWITCH Program to 4<sup>th</sup> and 5<sup>th</sup> grade students. The SWITCH Program encourages students, and their families and friends, to “switch what they Do, View and Chew” by focusing on physical activity, screen time, and nutrition. We will be starting Weeks 3 & 4, which are “VIEW” weeks. Be sure and check with your student(s) and watch your email for more information as we go through this fun and informative program!

\*\*\*\*\*

## Open Enrollment Deadline

March 1 is the deadline for filing an open enrollment application with the resident and/or receiving districts for the 2021-22 school year. The deadline for kindergarten students is September 1. Call the school at (641) 784-3351 for more information or if you have any questions.

## **School Food Pantry**

If your family is in need of food the school food pantry will be open by appointment. Call (641)784-3351 during school hours or email [aarchiebeque@lamonischools.org](mailto:aarchiebeque@lamonischools.org) to set up an appointment.

\*\*\*\*\*

## **Dress For the Weather!**

Please make sure your child wears a season appropriate coat, hat and mittens/gloves to school every day! Students will be expected to go outside for recess unless the “feels like” temperature is less than 15 degrees.

\*\*\*\*\*

## **Unexpected Dismissal Plans**

It is important to have plans in place for your child for unexpected early dismissals. Please take the opportunity to discuss these plans with your child to be prepared when situations occur. The school will **NOT** be calling parents to notify them of unexpected early dismissals. Parents can listen to the radio, watch for announcements on TV, or check the school website. Parents with emails on JMC will receive an email notification or text message when school is dismissed early.

\*\*\*\*\*

## **Reminders for Inclement Weather**

**\*Breakfast will not served on days when school is delayed due to bad weather.**

**\*Before School Exploration Academy will be cancelled if school starts late.**

**\*Exploration Academy will be cancelled if school is dismissed early because of bad weather.**

\*\*\*\*\*

## **School Cancellations and Delays Due To Bad Weather**

Area radio and TV stations will post by 6:30am if school will be closed or delayed due to inclement weather conditions. Please listen to or watch one of the stations listed below for delays and closings. Do not call teachers or other school personnel or your child’s school. Unless you see or hear an announcement, assume school is running as usual.

KAAN Radio FM 95.5

KCCI-TV Channel 8

WHO Radio AM 1040

WHO-TV Channel 13

WOI-TV Channel 5

JMC text and email messages

School web site: [www.lamonischools.org](http://www.lamonischools.org)

\*\*\*\*\*

## **Face Coverings**

Facemasks will be required when social distancing cannot occur or around individuals with compromised health concerns. It is the recommendation of the Lamoni Community School District, in accordance with other governing bodies, that because facemasks can play a substantial role in mitigating the contraction and spread of COVID-19 (if properly worn, maintained and cleaned), in order to provide the maximum amount of safety and security, their use is recommended while at school.

\*\*\*\*\*

## My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.

\*\*\*\*\*



**EFR EMPLOYEE & FAMILY RESOURCES**  
We're Here To Help.

# My Student Assistance Program (SAP)

### What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

**CONFIDENTIAL**

**NO COST**

**24/7 ACCESS**

### What Does My SAP Provide?

**TELEPHONE CONSULTS**

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

**VIRTUAL COUNSELING**

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

### How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

**Call 800.327.4692**

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

[www.efr.org/sap](http://www.efr.org/sap)