



Lamoni Elementary Newsletter

February 20-24, 2023

PRIDE PLEDGE

P I will have
PERSEVERANCE

R I will have
RESPECT

I I will have
INTEGRITY

D I will have
DISCIPLINE

E I will have
ENTHUSIASM

February 21	Early Dismissal @ 1pm Parent Teacher Conferences 3-7pm
February 22	Challenge to Change Yoga Day
February 23	Early Dismissal @ 1pm Parent Teacher Conferences 3-7pm
February 24	NO SCHOOL/Professional Development
March 10	NO SCHOOL
March 13-17	NO SCHOOL/Spring Break
March 22	Challenge to Change Yoga Day
April 4, 11, 18 & 25	ISASP Testing (Grades 3-11)
April 7	NO SCHOOL/Professional Development

Specials Schedule - February 20-24

Grades K-1 Mon-D Tues-A Wed-B Th-A Fri-C

Grades 2-5 See Below

Mon, Feb 20	Tues, Feb 21	Wed, Feb 22	Thu, Feb 23	Fri, Feb 24
Breakfast Sandwich	Mini Bagel	Waffles	Egg Patty Biscuit	NO SCHOOL
Corn Dog Baked Beans	Walking Tacos Banana Bar	Stuffed Cheesesticks Glazed Carrots	Goulash Bread	NO SCHOOL

F.O.R. (Friends of Rachel) Club Needs Help with “We Care Kits”

Please help the F.O.R. Club by donating an item listed on the attached flyer. They are working on “We Care Kits” to help supply essential items to homeless women. Please deliver all donated items to the Lamoni High School office.

Father Daughter Sweetheart Dance

On February 18th, Beta Sigma Phi is sponsoring their annual Father Daughter Dance to help fund the Lamoni Easter Egg Hunt and other Lamoni service projects. Please see the attached flyer for details.

Lamoni Youth Volunteer Award

The Lamoni Ministerial Alliance is looking for nominations for the 2023 Lamoni Youth Volunteer Award. Students in grades 1 thru 12 can be nominated by a teacher, friend, parent, neighbor, etc... based on their volunteer activity during the 2022 year. Recommendation forms are available in the school offices, at local churches and at the Lamoni Community Center. Forms must be turned into the Lamoni Community Center by 5pm on February 27, 2023.

Feeling the Winter Blues? Contact your SAP!

If you or your immediate family members are dealing with stress, remember you can contact your Student Assistance Program (SAP) for guidance and support! The numbers are 515-244-6090 or 800-327-4692.

Reminders for Inclement Weather

On days when we have a late start due to weather there will be NO breakfast served to students and NO Before-School Exploration Academy. **Please do not bring students to school before 9:45am on late start days.** If there is an early out, there will be NO After-School Exploration Academy.

LCS Food Pantry and Lamoni Food Pantry

We encourage students and families to complete the TEFAP eligibility application and use the LCS Food Pantry to subsidize your food needs each month. Families who qualify for SNAP and/or Free/Reduced Meals will automatically qualify once they complete the short application. Please contact the elementary office if you are interested in finding out more information.

Also, families who use the LCS Food Pantry can still use the Lamoni Food Pantry located on 705 W. Main (right next to Casey’s General Store).

Specials Schedules

Elementary specials include PE, Art, Music and Library for Kindergarten and First Graders. We use a four day (A-D)schedule. See below for the schedule:

K-1 Specials	Grade	A Day	B Day	C Day	D Day
Mickelson	KG	Art	Library	PE	Music
Ranney	KG	PE	Music	Art	Library
McKillip	1	Library	PE	Music	Art
Rushing	1	Music	Art	Library	PE

2-5 grade students will use a five day specials schedule which includes Art, Library, PE, Music and Computers. See below for the schedule:

2-5 Specials	Grade	Monday	Tuesday	Wednesday	Thursday	Friday
McMacken	2	Art	Library	PE	Music	Computers
Kacmarynski	3	Computers	Art	Library	PE	Music
Martin	3	Library	PE	Music	Computers	Art
Boswell	4	Music	Computers	Art	Library	PE
Pitt	5	PE	Music	Computers	Art	Library

The Lamoni Schools F.O.R. (Friends of Rachel) Club

is creating “We Care Kits” to help Hope Ministries supply essential items to homeless women.

A list of possible items to donate are attached in the image below.

Please help us by donating at least one of the following items at the Lamoni High School office by *Tuesday, February 23rd*. Boxes will be provided at the school for all donations.



HOW TO MAKE A WE CARE KIT

ESSENTIALS FOR HOMELESS WOMEN

We Care Kits are used as welcome bags for new guests at our Hope Center for Women and Children, giving them essential personal hygiene supplies along with a note of encouragement. By donating a complete We Care Kit, you will make a direct impact on a hurting woman in our community.

Each women's We Care Kit should only contain only one of each of the following items in a clear one gallon-size resealable (Ziploc-type) baggie.

Thank you very much for following the above guidelines. We truly appreciate your support! If you have questions about Hope Ministries, please visit hopeiowa.org contact us at (515) 265-7272 or info@hopeiowa.org

<input type="checkbox"/> We Care Kit note of encouragement - signed with first names only	<input type="checkbox"/> Lip balm
<input type="checkbox"/> Women's body wash - travel size	<input type="checkbox"/> Toothbrush
<input type="checkbox"/> 2-in-1 shampoo plus conditioner - travel size	<input type="checkbox"/> Toothpaste - travel size
<input type="checkbox"/> Women's disposable razor - just one, not a pack	<input type="checkbox"/> Dental floss
<input type="checkbox"/> Women's shaving cream - travel size	<input type="checkbox"/> Pocket pack tissues
<input type="checkbox"/> Women's deodorant - travel size	<input type="checkbox"/> New washcloth
<input type="checkbox"/> Lotion - travel size	



hopeministries
Giving Hope. Changing Lives.

PLEASE DO NOT ADD ANY ADDITIONAL ITEMS TO THE WE CARE KIT

Father Daughter Sweetheart Dance

\$10 family
pay at the door

Feb 18th
6:30-8 pm
The Alley

*formal
attire*

*Sponsored by
Beta Sigma Phi
Pi Nu Chapter*

Evening Activities:
Refreshments
Photo Booth
Dancing

Proceeds will go towards funding the annual Lamoni Easter Egg Hunt and other Lamoni service projects

My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

www.efr.org/sap

