

# Lamoni Elementary Newsletter

December 14 –December 18, 2020

December 12	Santa Claus is coming to town! 4pm
December 16	Elementary Basketball Registration due
December 21	Pride Day Celebration Early Out @ 1:00pm
December 22	No School-Professional Development
December 23-Jan 3	No School-Winter Break
January 4	No School-Professional Development

## Breakfast and Lunch Menu for December 14-December 18

Monday, Dec 14	Tuesday, Dec 15	Wed, Dec 16	Thurs, Dec 17	Friday, Dec 18
Waffles	Hashbrown Patty Omelet	Cinnamon Roll	Bacon/Egg/Cheese Tornado	Pancake Bites
Monday, Dec 14	Tuesday, Dec 15	Wed, Dec 16	Thurs, Dec 17	Friday, Dec 18
Popcorn Chicken Macaroni & Cheese	Chicken/Bacon Wrap	Cream Chicken over Biscuit Peas	Pizza Rice	Holiday Meal Chicken & Noodles Mashed Potatoes Hot Roll Dessert

## Specials Schedule for December 14-December 18

Monday-D; Tuesday-A; Wednesday-B; Thursday-C; Friday-D

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**NO SCHOOL!**

**December 22 thru January 4**

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**COVID-19 REMINDER: If a student tests positive for Covid-19 or is in close contact to someone that has tested positive, please contact the school nurse, Donna Binning, @ 784-3422. This is extremely important to maintain the health and safety of our students and staff. THANK YOU!**

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## Lamoni 4<sup>th</sup>, 5<sup>th</sup>, and 5<sup>th</sup> Grade Basketball

Registration for Lamoni Youth (4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Grades) Basketball is now open again through **December 16th**. This program is a great opportunity for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> graders to learn basketball fundamentals and skills at a recreation level. If interested, please complete the attached Registration Form and COVID Waiver and return them to **Lamoni City Hall**.

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## **My Student Assistance Program (SAP)**

If you, or your family, are struggling to deal with life’s challenges, a Student Assistance Program (SAP) is available for you to call. You can count on your SAP for guidance, support and to develop helpful strategies. See attached flyer for more information.

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## **Unexpected Dismissal Plans**

It is important to have plans in place for your child for unexpected early dismissals. Please take the opportunity to discuss these plans with your child to be prepared when situations occur. The school will **NOT** be calling parents to notify them of unexpected early dismissals. Parents can listen to the radio, watch for announcements on TV, or check the school website. Parents with emails on JMC will receive an email notification or text message when school is dismissed early.

If you are not able to use these services at your workplace, have a grandparent or friend check for you.

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## **School Cancellations and Delays Due To Bad Weather**

Area radio and TV stations will post by 6:30am if school will be closed or delayed due to inclement weather conditions. Please listen to or watch one of the stations listed below for delays and closings. Do not call teachers or other school personnel or your child’s school. Unless you see or hear an announcement, assume school is running as usual.

KAAN Radio FM 95.5	KCCI-TV Channel 8
WHO Radio AM 1040	WHO-TV Channel 13
WOI-TV Channel 5	JMC text and email messages
School web site: <a href="http://www.lamonischools.org">www.lamonischools.org</a>	

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## **Reminders for Inclement Weather**

- \*Breakfast will not served on days when school is delayed due to bad weather.**
- \*Before School Exploration Academy will be cancelled if school starts late.**
- \*Exploration Academy will be cancelled if school is dismissed early because of bad weather.**

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## **Face Coverings**

Facemasks will be required when social distancing cannot occur or around individuals with compromised health concerns. It is the recommendation of the Lamoni Community School District, in accordance with other governing bodies, that because facemasks can play a substantial role in mitigating the contraction and spread of COVID-19 (if properly worn, maintained and cleaned), in order to provide the maximum amount of safety and security, their use is recommended while at school.

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## **Remote Learning and Virtual Students**

If you have any questions regarding your student’s remote learning or virtual academic curriculum, please call 641-784-3422. Please continue to check your email frequently for additional information.

## 2020 LAMONI YOUTH BASKETBALL 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> Grade

In consideration of the 2020 Lamoni Parks and Recreation Youth Basketball program, I/We as Parents/Legal Guardians of \_\_\_\_\_ (child's first and last name) a (Male \_\_\_ or Female \_\_\_) born on \_\_\_\_\_, and currently in the \_\_\_\_\_ grade, hereby consent to said child's participation in such program and in the area indicated below:

I have a jersey from last year and do not need a new jersey.  Jersey number? \_\_\_\_\_

I do need a jersey.  Jersey number: 1<sup>st</sup> choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

NOTE: There is no guarantee that everyone will receive the jersey number of his or her choice.

Size: Youth S Youth M Youth L Youth XL Adult S Adult M Adult L Adult XL

**YOUTH BASKETBALL REGISTRATION FEE: \$35** CASH \_\_\_\_\_ CHECK \_\_\_\_\_

**YOUTH BASKETBALL JERSEY: \$35** CASH \_\_\_\_\_ CHECK \_\_\_\_\_

NOTE: Make checks payable to Lamoni Parks and Recreation

### PLAYER WAIVER & PHOTO RELEASE

The undersigned hereby agrees and covenants not to sue the incorporated City of Lamoni, any sub-division thereof, members of the city government, city employees, and city commission or board, its members, employees, or any other person participating in the administration of the recreation program, on account of any claim arising directly or indirectly with regard to said child's participation in said recreation program, not limited to, but known in law; nor will (I) (We) permit any other person not a party to this registration to institute or prosecute such claim on behalf of said child.

In the event someone other than the undersigned becomes legally responsible for said child, the child's right to participate in said program shall be suspended until the party then having the legal responsibility files a new registration form with the Lamoni Parks and Recreation Commission.

I, hereby grant the City of Lamoni, its legal representatives and assigns (including but not limited to), clients, publications and agencies, permission to publish photographs/images of said child in any manner, including (but not limited to); internet web publications and/or pages, calendars, advertisements, periodicals and greeting cards. I will hold harmless the aforementioned photographer and his/her legal assigns and representative, from any liability by virtue of distortion or alteration, unless it can be proven that such alterations and/or distortions were done with malicious intent.

I do attest that I am the parent or legal guardian of the above named minor child, and have legal authority to sign this release on his/her behalf. I have read and fully understand the contents of this release, and consent to the use of said photographs based on the contents thereof.

I Understand, the Parks and Recreation Commission retains the authority to revoke a child and/or family's permission to participate in Lamoni Parks and Recreation programming and athletics.

\_\_\_\_\_  
Parent/Guardian Date

\_\_\_\_\_  
Phone Cell(s)

\_\_\_\_\_  
Email(s)

**Registration Deadline is November 23. Late Registration Will Not Be Accepted.  
Turn Registration in at City Hall or the Lamoni Community Center.**

Received by: \_\_\_\_\_ Cash \_\_\_\_\_ Check \_\_\_\_\_

**Lamoni Parks and Recreation COVID-19 Waiver**

All league attendees (players, family members and all others) must comply with the entirety of this health statement before entering an event associated with Lamoni Parks and Recreation. Myself and my family have not tested positive for COVID-19, had a **fever, cough, difficulty breathing, chills, body ache, sore throat, new loss of taste or smell, or been in contact with anyone with these symptoms** (with the exception of medical personnel and first responders), in the last 14 days. I am not currently under a state, county, city or other stay at-home order. **I understand that it is my responsibility to protect myself from contracting COVID-19 or other infectious diseases while participating in events associated with Lamoni Parks and Recreation.** By participating in events associated with Lamoni Parks and Recreation, I am indicating that myself and my family, (1) are in good health, (2) are responsible for protecting myself and my family from COVID-19 or other infectious diseases, and (3) accept all responsibility and agree to hold Lamoni Parks and Recreation and the City of Lamoni harmless from any damages that occur as a result of our attendance.

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Parent/Guardian (Please print)

Date

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Family Members

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Signature



Our school is partnering with Kinsa's FLUency™ School Health Program this year!

Sign up now to receive your FREE smart thermometer

If you haven't ordered yours yet, now's your chance!

- 1. Text FLUENCY to 900900! Open the link to download the free Kinsa app.\*
2. Finish signing up with our school in the Kinsa app to get your free thermometer!

\*Messages and data rates may apply. You can always text STOP to end messages.

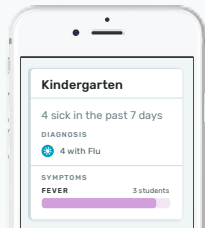
¡Regístrese ahora para recibir un termómetro inteligente GRATIS!

- 1. ¡Textea la palabra FLUENCY al 900900! Abre el enlace para descargar la aplicación gratuita Kinsa.\*
2. ¡Regístrese con su escuela a través de la aplicación Kinsa para obtener su termómetro gratis!



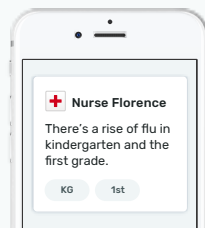
WHAT IS KINSA'S FLUENCY PROGRAM?

Kinsa is on a mission to stop the spread of illness! Learn more at kinsahealth.co. FLUency is Kinsa's school health program. For the past five years, FLUency has partnered with sponsors to provide parents free thermometers and a smartphone app to help detect and respond to spreading illnesses. This year, participation in FLUency matters more than ever to keep your school community healthy!



Know what's going around your child's school

Sepa lo que pasa en la escuela de su hijo



Receive messages from your school nurse

Recibe mensajes de la enfermera de tu escuela

# My Student Assistance Program (SAP)

## What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

**CONFIDENTIAL**

**NO COST**

**24/7 ACCESS**

## What Does My SAP Provide?

### TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

### VIRTUAL COUNSELING

- Receive up to **three (3) FREE virtual counseling sessions**
- After 3 sessions, referral options may be provided

## How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

**Call 800.327.4692**

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

[www.efr.org/sap](http://www.efr.org/sap)

