

# Lamoni Elementary Newsletter

December 13-December 17, 2021

## PRIDE PLEDGE

P I will have PERSEVERANCE

R I will have

I I will have

D I will have DISCIPLINE

E I will have



Specials

Monday-C Tuesday-D Wednesday-A Thursday-B Friday-C

| Mon, Dec 13            | Tues, Dec 14              | Wed, Dec 15         | Thurs, Dec 16          | Fri, Dec 17                                     |
|------------------------|---------------------------|---------------------|------------------------|---|
| Breakfast<br>Sandwich  | Churro                    | Waffles             | Muffin                 | Coffee Cake                                     |
|                        |                           |                     |                        |   |
| Mr. Rib<br>Baked Beans | Soft Taco<br>Refried Bean | Hot Ham &<br>Cheese | Breakfast for<br>Lunch | Turkey-Noodles<br>Mashed Potatoes<br>Gravy/Roll |



Please make sure your child has a water bottle at school. To prevent the spread of illness, our water fountains are limited to bottle filling stations only.



## Christmas Movie Night - PTO Fundraiser

The Lamoni Schools PTO is presenting "Elf" at the Coliseum Theatre on December 15th from 5-8pm. The cost is \$5 per person, which includes popcorn and a fountain drink. Additional items and activities will be available for purchase. Please see the attached flyer for more information.

#### FREE Yellow jackets Basketball Camp

Grades 4th thru 5th are invited to attend a FREE basketball camp sponsored by the Graceland University Men's Basketball Team. Please see the attached flyer for more information.

## Professional Development Days and Winter Break

Lamoni Elementary will be closed to students from December 22nd thru January 3rd. December 22nd and Jaunuary 3rd are Professional Development days for our teachers and December 23rd thru January 2nd are our Winter Break. Enjoy your time off!

## Dress for the Weather!!!

Please make sure your child is dressed appropriately with a coat, hat and gloves when they come to school.

All students will be required to go outside for recess, unless the feels like temperature is below 15 degrees.

## **LCS FOOD PANTRY**

If you and your family are in need of food, please consider ordering from the Lamoni Community School's food pantry. We are excited to be able to serve all families, no proof of income is needed. Call 641-784-3351 during school hours or look for an order form in your child's backpack!

## When Should My Child Stay Home?

The season for cold, influenza and other illnesses has arrived! To keep your child and others safe, please be sure to keep your child home if they have a fever (100.0 or higher), vomiting, diarrhea, excessive coughing or are complaining of not feeling well. Although we want our students to be at school, we also want them healthy! Thanks for your help in protecting our school!

#### Reminders for Inclement Weather

- \* Breakfast will not be available on days when school is delayed due to bad weather.
- \*Before-School Exploration Academy will be canceled if school starts late.
- \*After-School Exploration Academy will be <u>canceled if school is dismissed early</u> because of inclement weather.

#### My Student Assistance Program (SAP)

If you, or your family, are struggling to deal with life's challenges, a Student Assistance Program is available for you to call. You can count on your SAP for guidance, support and assistance developing helpful strategies. See the attached flyer for more information.

### Pediatric Rehabilitation Available at Decatur County Hospital

If you have noticed the following conditions in your child; difficulty with handwriting, restlessness during class or at home, difficulty staying on task, difficulty developing appropriate behavior techniques, or eating difficulties, pediatric rehabilitation may benefit your child. Please see the attached flyer from Decatur County Hospital for more information.





## **My Student Assistance** Program (SAP)

## What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
   Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

#### CONFIDENTIAL

NO COST

24/7 ACCESS

## What Does My SAP Provide?

#### TELEPHONE CONSULTS

- Phone lines open 24/7/365
- · Phones answered by a masters-level clinician
- Make as many calls as needed (no limit)

#### VIRTUAL COUNSELING

- · Receive up to three (3) FREE virtual counseling sessions
- After 3 sessions, referral options may be provided

## How Do I Use My SAP?

It's easy. It's free. It's confidential.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!



www.efr.org/sap



