

February :Lamoni Community Schools Menu

2018

Menu Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 nd choice for breakfast :Cereal w/toast also offered: Yogurt 4oz Fruit: 4 oz 6 oz 100% Juice				¹ French Toast/Sausage Orange Chicken/Noodles Romaine, Carrots, Red Peppers, Apple	² Poptart & Boiled Egg Soft Taco & Corn Romaine, Tomato, Olives, Carrots, Pasta, Grapes	³ Milk offered with meal
⁴	⁵ Breakfast Wrap Sausage Chicken Day, Green Beans Romaine, Shredded Carrots, Cucumbers, Pineapple	⁶ Cook's Choice Hamburger/Bun Chips Romaine, Tomatoes Peppers, Pasta, Apples	⁷ Sausage/Egg/Cheese Biscuit Crispito, Refried Beans Romaine, Carrots, Olives String Cheese, Peaches	⁸ Oatmeal & Toast Fish Sticks/Mac & Cheese Romaine, Carrots, Cucumbers, Broccoli, Pasta, Oranges	⁹ Pancake Sausage Stick Pizza & Rice Romaine, Carrots, Cucumbers, Pepperoni, Pasta, Banana	¹⁰
¹¹	¹² Breakfast Pizza Burrito W/Rice Romaine, Carrots, Cucumbers, Pasta, Apples	¹³ Breakfast Wrap & Sausage Chili, Stuffed Bread Stick Romaine, Carrots, Peppers, Pears	¹⁴ Omelet, Bacon, & Toast Sandwich & Chips Romaine, Tomato, Cheese Stick, Pasta, Sidekick	¹⁵ Biscuits & Gravy w/Grandparents Crispito, String Cheese, Cookie Romaine, Carrots, Olives, Peppers, Pasta, Strawberries	¹⁶ Muffin & Cheese Corndog, Carrots Romaine, Cucumbers, Broccoli, Cauliflower, Peppers, Pasta, Grapes	¹⁷
¹⁸	¹⁹ French Toast/Bacon Pizza, Romaine, Carrots Diced Pepperoni, Diced Eggs, Pasta, Pineapple	²⁰ Oatmeal & Toast Chicken Gravy/Biscuit Romaine, Carrots, Broccoli, Cheese Stick, Peaches	²¹ Egg, Sausage, Biscuit Tomato Soup & Grilled Cheese Sandwich Romaine, Carrots, Cucumbers, Cheese, Pasta, Apples	²² Blueberry Muffin/Cheese Cheesy Ham Potatoes Romaine, Cherry Tomatoes Strawberries	²³ Cook's Choice Cook's Choice Bananas	²⁴
²⁵	²⁶ French Toast/Sausage Meat Loaf, Potatoes & Gravy, Roll Romaine, Carrots Peppers, Pasta, Peaches	²⁷ Omelet, Bacon, Toast Burrito, Refried Beans Romaine, Tomatoes Peppers, Pasta, Pears	²⁸ Blueberry Muffin/Egg Sloppy Joe, Spud Salad Romaine, Carrots, Peppers, Pasta, Strawberries	^{3/01} Breakfast Pizza Beef & Noodles, Potatoes Romaine, Carrots, Peas Peppers, Oranges	^{3/02} Pancake Sausage Stick *BLT wrap/Chips Romaine, Tomatoes, Cucumbers, Peppers, Pasta, Grapes *Other M/MA offered	We are an Equal Opportunity school